





2012 www.chanylut.org

#### **ABOUT CHANLYUT**

*Chanlyut* (pronounced "shawn-loot," Dena'ina Athabascan for "new beginnings") is a two-year residential work-training and educational program offering a new beginning for men who want to become productive members of society and turn around the self-destructive patterns in their lives.

#### A COMMITMENT TO CHANGE

*Chanlyut* provides a structured, yet self-governed path for participants to overcome the challenges of addiction, homelessness and/or reentering society after incarceration. Organized as a family and emphasizing a peer-to-peer philosophy, *Chanlyut* stresses personal growth through hard work, commitment to change and taking personal responsibility for actions. *Chanlyut* is modeled after San Francisco's successful Delancey Street organization.

#### **BUILDING SKILLS FOR THE FUTURE**

Chanlyut residents are charged no fees to enter the program, and receive food, housing, clothing, education and all other services at no cost. To assist with program expenses, *Chanlyut* operates several resident-run small businesses that serve as vocational training schools and provide residents with marketable job skills upon graduation from the program. All revenues from *Chanlyut* businesses go directly back into programs and services, and help make the *Chanlyut* mission possible. Hire us today!

#### **PROGRAM IMPACT**

- More than 130 men have used Chanlyut services since its inception, with a current resident population of 17 men.
- In terms of cost savings to tax payers—this is equivalent to approximately 22,147 man-days, which equates to a savings of more than \$3 million to the Department of Corrections in equivalent days of incarceration.
- Of the residents who have entered *Chanlyut* since January 2009, 70% have not reoffended after leaving the program.
- Several Chanlyut residents have successfully completed probation or parole and have been free of the Department of Corrections for the first time in their adult lives
- Chanlyut businesses are projected to earn \$488,000 with net income contributing to 31% of program expenses for FY 2012 (an increase of 12% from FY 2011).

**See compelling stories** of how your support helps Chanlyut offer men a second chance >>>



"We all worked together, persevered and never lost sight of our goal. We learned we could accomplish anything we set our minds and hearts to."

> – Bill Tsurnos Chanlyut Program Director

Chanlyut residents, Program Director Bill Tsurnos (seated at left) and Barney the dog; the new 7,000 square-foot Chanlyut residential facility on Mountain View Drive opened in December 2011, and expanded the program's capacity from 20 to 40 men.





# THE CITIZEN: **JARED HEMINGWAY**

WHEN JARED HEMINGWAY GOT OUT OF PRISON IN 2010, he knew he had to make a change. He'd been through the cycle before; a meth and heroin addict, he'd started stealing to support his habit, and the stealing was what landed him in jail. For Jared, though, there was a glimmer of hope—an advertisement he'd seen in prison for a program called Chanlyut.

"I took it because I knew I might need help," he said. "I could try to get clean on my own, but I knew that just wasn't going to happen."

Two years later, Jared is a Chanlyut graduate who works in a warehouse for DiTomaso's at night. When his shift ends at 4:30 a.m., he heads straight for the Mountain View Diner, one of Chanlyut's social enterprise ventures, where he still lends a hand preparing items for Chanlyut's wholesale food business.

The diner is where Jared developed the skills that landed him his first post-Chanlyut job at Carl's Jr., where he worked his way up to a manager position in just a handful weeks.

"I'd never supervised people before. Being a manager taught me about myself, and how to deal with stress and with other people," he said.

Jared has seen the program move from a tiny house next to Mountain View Diner, to a new residential and learning facility on Mountain View Drive, which opened in December 2011 and can house up to 40 men. "This place has grown so much," added Jared. While he was talking about Chanlyut, he might as well have been talking about himself, too.

"That's what this program does—it changes you," Jared explained.
"In group sessions at Chanlyut that teach you to handle
confrontation, you learn what behaviors aren't conducive to living
in the real world. Suddenly, there are 15 guys telling you, 'You need

to change," he said. "You have to look at yourself and say, 'Wow, maybe I do.' That's when you start to fix things slowly. You change the way you think, and it changes the way you behave."

"A doctor once told me that only one percent of heroin and meth addicts recover fully and successfully live out in the world," said Jared.

He couldn't keep the grin off of his face when he added, "Because of Chanlyut, I'm part of that one percent now. I'm going to stay in that one percent."

# THE GRADUATE: **JEREMY COOPER**

"HELP OTHER PEOPLE; HELP OTHER PEOPLE," Jeremy Cooper said.

The words are like a chant, something he might whisper to himself when he loses his way. This mantra is his advice for men who are new to Chanlyut, for those having difficulty adjusting to the program or who are thinking of quitting altogether when times get tough.

The idea struck Jeremy when he was still in jail. "I had a friend who was getting out, and he was so stressed. He told me, 'I wish there was just one thing I could do to stay out of trouble."

Jeremy's advice was simple: "I told him, 'Listen, all you have to do is help other people. Most of the things we've done to get in jail, it's because we're selfish—we want this, we want that; we break the law, we drink. But when you help other people, you're not thinking about yourself. So just help other people."

Jeremy grew up in the foster care system, but a pattern of delinquency eventually landed him in prison. Now, after years of trying to stay out of trouble, Jeremy has graduated from Chanlyut and secured a job with Teddy's Tasty Meats—but he's chosen to remain living at the Chanlyut house.



"I'm trying not to force anything," he said. "Since I was 12, I've been in trouble with the law. Since I came to Chanlyut, this is the longest I've stayed on the right path. I like being in places where people are changing and growing and doing the right thing because they want to. I get fulfillment out of being here."

"Chanlyut isn't just about doing time. It's work-oriented. You build work bonds with other people. I learned to work hard and be dedicated. I'd never done that before."

Jeremy's new work ethic not only scored him his current job; it got him into the University of Alaska Anchorage, where he aims to finish his business degree. Jeremy's dream is to open a business in Anchorage—perhaps an outdoor movie theatre, perhaps another enterprise. Whatever he does, he intends to live up to his mantra.

"Whatever business I have, I'm going to use it to help people like me—guys who've been in jail—because people need a second chance. That's what Mr. Teddy did for me, and that's what Chanlyut does: It gives guys like me a second chance."

## THE NEW BEGINNING: **GREG DUNN**

MOVING DAY: A NEW BEGINNING; A FRESH START; a chance to make a change.

When Greg Dunn used the Chanlyut moving service to help transport his furniture to a new home, he had no idea that, years later, he'd be looking to Chanlyut Director Bill Tsurnos for help once more—this time, to transition from prison to the real world, and to put drinking behind him.

Out on parole after a series of DUIs ended in a prison sentence, Greg found himself back in jail when his parole was violated and a fight with his girlfriend ended in a call to the police. Greg wanted to take his life post-prison seriously—which meant quitting drinking and reaching out for help.

While going back to Bill for assistance was "a little awkward," Greg admits, "It was kind of cool, finding out that Bill had a similar background to me, and seeing that he could do good things with that kind of background. I felt that I could do it, too."

But doing it wasn't easy. For eight months, Greg bucked the system. "Just say okay," Greg recalls Bill telling him. "If you just say 'okay,' do what you're asked, things start to work better."

Just saying 'okay' led Greg to a job he never thought he'd have: barista. He worked his way up from wholesale prep worker to head cook at Mountain View Diner, happy to be in the kitchen. Then Chanlyut started a new endeavor with the Coho Cup cafe, and Greg found himself manning an espresso machine.

"I had no idea—I like my coffee black!" Greg said, chuckling.



The upside to doling out frothy coffee drinks to customers? "I got to meet new people every day. Before, I was never really a people person, so I was scared, at first. Now I look forward to it. It really brings me out of the shell I put myself in."

Today, Greg is in his work-out phase of the program, maintaining a job in the community at Builder's Choice, where he is a roofer. In a month and a half, he'll graduate—equipped with the skills he needs to live life on life's terms, including the ability to know what still needs to change.

"There's still more I need to work on, but Chanlyut has helped me to see those things, to know how to deal with them. I plan on being just a regular 'Joe.' And Chanlyut made that possible."

# THE FUTURE LEADER: KELLY DAY

THE MOMENT KELLY DAY KNEW SOMETHING HAD truly changed came when someone bumped into him at Costco. "I spun around, I was ticked off," Kelly recalls. Twenty years in prison had taught him to demand respect.

"The prison mentality is *don't step on my toes.*" Kelly explained.
"To bump into someone and not say excuse me, that's asking for trouble. But I had to look at this situation and understand, this guy didn't mean anything by it."

Back at the Chanlyut house, Kelly recounted the near-confrontation to Director Bill Tsurnos. "When Bill asked me if I reacted and I told him I didn't, it was a realization. I knew I could control how I react to things."

In jail, Kelly had taken a Victims' Awareness Class—an opportunity that hit home when he met a man whose wife had died in a shooting at an Arizona retirement community.

"That affected me quite a bit," recalled Kelly. "I was in for the same thing—I shot and killed somebody—and his story just touched my heart. That was when I knew: When I finally got out, I wanted to do something good with my life."

The day he was released from prison, Kelly walked to the Mountain View Diner; he had lost Bill's phone number, but he was determined to join Chanlyut. Kelly had been to other treatment facilities as a young man, but there was something different about the Chanlyut program. "At Chanlyut, they teach you to work first, to build a good work ethic," Kelly said. "From there, it teaches you how to deal with life's problems as they come at you."

While Kelly has seen other men graduate and leave the program, he has chosen to stay beyond the required two years, delaying the work-out phase of his commitment. He wants to be sure he's ready for the responsibility.

Kelly is considering dedicating the rest of his life to giving back, and imagines a time when he's moved beyond Chanlyut, only to return once more—this time as a leader.

"Maybe I'll be Bill's assistant someday," Kelly said hopefully. "You see men here, and in the beginning you think, 'Oh, he's never going to change.' But I've seen people completely transform, thanks to Bill's guidance. I want to be part of that."



"THEY COME TO CHANLYUT
TO LEARN HOW TO FOLLOW
INSTRUCTIONS. THEY LEARN
HOW TO BE HONEST HERE,
HOW TO HAVE SOME INTEGRITY, AND
HOW TO BUILD THEIR SELF-ESTEEM."

Bill Tsurnos
 Chanlyut Program Director

### BE A PART OF THE CHANGE

### Join us!



Your support is vital to Chanlyut's ongoing mission in our community. Please consider supporting Chanlyut in one of the following ways—together, we do make a difference!

#### MAKE A FINANCIAL CONTRIBUTION

Your personal or corporate financial contribution helps make Chanlyut's mission possible. Please make an online donation at www.citci.org, or write a check to: Cook Inlet Tribal Council (Chanlyut), 3600 San Jeronimo Drive, Anchorage AK 99508 to make an investment in our community today.



# CHANLYUT PRESS FOR CHANGE!

Make a \$20 donation and receive a Chanlyut Press for Change coffee press today!

#### DONATE A GOOD OR SERVICE

100% of *Chanlyut* residents' clothing, residential furnishings, and the majority of the items to operate our business-training schools come from community donations. Professional services such as teaching, dentistry, and health care are needed as well!

#### **IN-KIND NEEDS**

#### **CLOTHING**

- Men's clothing (casual, dress, and work clothing all seasons)
- Footwear (casual, dress, and work shoes—all seasons)

#### **HOUSEHOLD**

- Kitchen and household supplies (coffeemaker, utensils, serving ware)
- Residential furniture
  - Bunk beds
  - Single or twin beds, box springs and mattresses
  - Blankets, sheets, pillows for single or twin beds
  - Book cases
  - Large dining room tables & chairs (seating for 10-14 preferably)

- Coffee table
- Rugs
- Lamps
- Radio with detachable speakers
- Counter phone
- Sheds and tarps

#### **VEHICLES** (in good running order)

- Trucks (with crew cabs, preferably)
- Cars

#### COMMERCIAL

- Vacuum cleaners
- Janitorial supplies
- · Floor stripper
- Floor polisher
- Snow plow for truck
- · Snow shovels, mutt bars, flat shovels
- Lawn mowers, leaf blower, weed eater
- Electric hydraulic snake (for cleaning drains)
- · Table saw, circular saw, scroll saw, etc.
- Plywood 5/8"x4'x8' A/A (20 sheets)
- Lumber 2"x4"x12' (pine)

#### **PROFESSIONAL**

- Dental services
- · Educational training
- Computers
- Office supplies
- · Office furniture
- Computers
- Commercial restaurant supplies

#### **THANK YOU**

#### Together, we do make a difference.

To learn more about additional ways to support *Chanlyut*, please contact Kelly Hurd, Development Director, at (907) 793-3272 or khurd@citci.org.

### CHANLYUT

4119 MOUNTAIN VIEW DRIVE





Thank you for your support and for making a difference in our community!



Look for "MOUNTAIN VIEW DINER - ALASKA" on Facebook, and 'Like' our page today!

### HIRE US! USE A CHANLYUT SERVICE TODAY

Chanlyut businesses provide residents with valuable work experience and contribute to their goals of self-sufficiency upon graduation from the program. Chanlyut businesses are projected to earn \$488,000 with net income contributing to 31% of program expenses for FY 2012 (an increase of 12% from FY 2011). All revenues help cover costs of Chanlyut programs:

#### **CHANLYUT LANDSCAPING | LAWN MAINTENANCE**

| SNOW REMOVAL Year-round outdoor maintenance services for your home or business (snow removal is limited); clients include Credit Union 1, Cook Inlet Tribal Council and Anchorage Harley Davidson, among others

#### **CHANLYUT MOVING | BUILDING MAINTENANCE**

Commercial or residential moving or maintenance needs

#### **DINING | CATERING | WHOLESALE FOODS**

**MOUNTAIN VIEW DINER** Serving hearty, home-style breakfast and lunch selections 7 a.m.- 2 p.m., Monday-Saturday

**CATERING SERVICES** Cater your next event, party or business luncheon with a variety of delicious menu options

WHOLESALE FOODS Wholesale food items for resale; clients include Kaladi Brothers Coffee, Coho Cup cafe, selected Chevron gas stations, Providence Medical Center and the Alaska Club

**JANITORIAL SERVICES** Residential and small commercial customers

For additional information on our Chanlyut program or businesses, please contact: Program Director Bill Tsurnos at 907.441.0181 or wtsurnos@hotmail.com

### GET A FREE MEAL FROM THE CHANLYUT MOUNTAIN VIEW DINER!

Buy one meal at regular menu price and get a second meal of equal or lesser value at no cost with this original coupon.

Offer, meals and menu selections subject to change; limited to current menu item or food availability at time of visit

HOURS Breakfast and lunch service only Monday-Saturday, 7 a.m.-2 p.m.

