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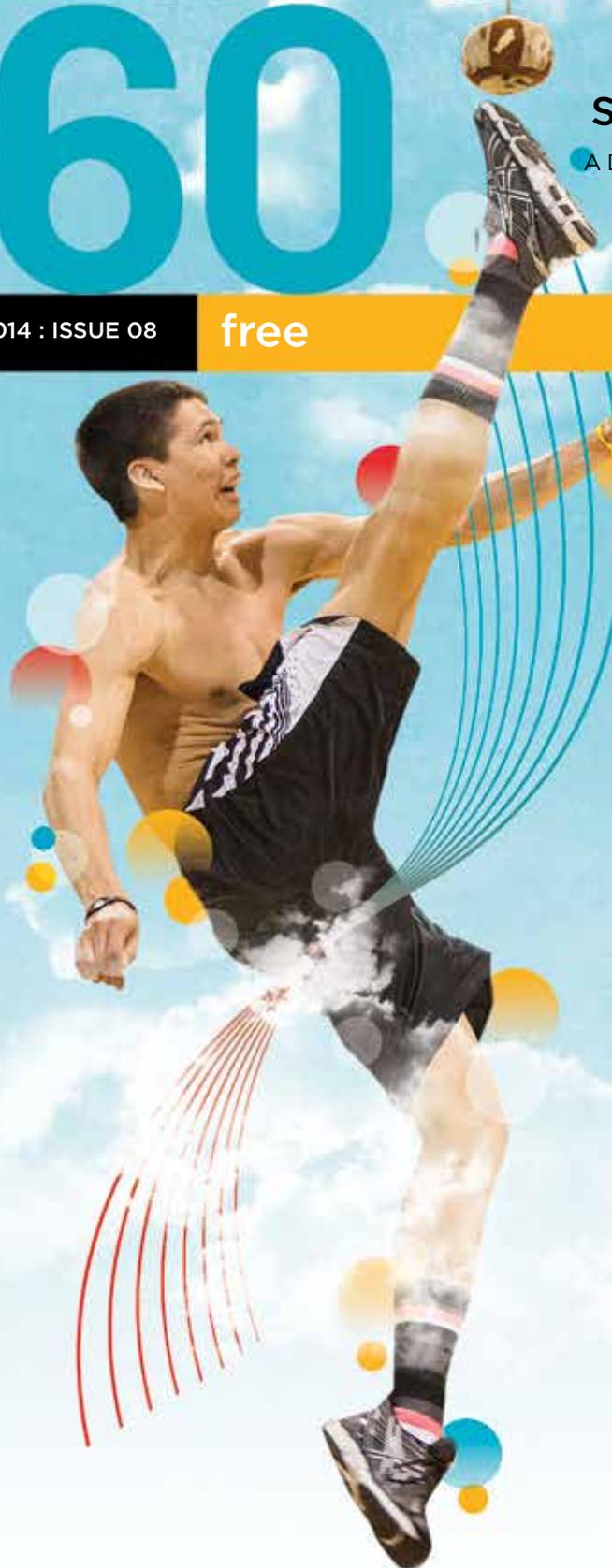
YOUR GUIDE TO SERVICES & OPPORTUNITY

A Directory for Alaska Native & American Indian families
in the Cook Inlet Region

SPRING 2014 : ISSUE 08

free

Annual Issue



2014
NYO GAMES ALASKA
Program & Event Guide
April 24-26
Dena'ina Civic and Convention Center

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Celebrating **30 years** of impact



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Celebrating **30 years** of impact



OUR STORY

Celebrating 30 Years
of Community Impact

Welcome, everyone, to the 44th Annual NYO Games Alaska.

After months of anticipation, Cook Inlet Tribal Council (CITC) is once again proud to be the organizing sponsor of such a special event.



NYO Games brings more than 500 student athletes together from across the entire state for a weekend of exciting, healthy competition in traditional Alaska Native games of skill and strength.

This year marks a special milestone for CITC as we celebrate 30 years of impact in our community.

In many ways, the story of CITC is also the story of Alaska Native people in our region, and of our community as a whole.

It is the story of people coming together to create a community we believe in—one comprised of our collective values and goals. It is the story of wisdom and traditions passed down from so many before us, and the amazing energy of our youth who are forging a new tomorrow.

There is a Dena'ina saying that states, "Looking back at the past, you can see the future."

As CITC looks ahead to the next 30 years, we are excited about our collective story and endless potential.

We are grateful for your shared commitment to our community and our youth and for your partnership in creating a better tomorrow for all.

Let the Games begin! ❖

Gloria O'Neill
President & CEO
Cook Inlet Tribal Council



WHY NYO MATTERS

As a year-round program that has a quantifiable positive impact on more than 2,000 youth each year, NYO influences our young people to improve their academic performance and strengthen their overall health and well-being.

In a 2013 survey emphasizing NYO's impact, 382 athletes in grades 7–12 who competed in the 2013 Games offered the following insight:

- **77%** credited NYO as an incentive to **stay in school**
- **75%** **improved or maintained good grades** in order to participate in NYO
- **63%** indicated improved **self-confidence**
- **54%** indicated improved leadership and self-esteem
- **41%** reported improved **overall health**
- **34%** indicated a **greater sense of well-being**
- **83%** see themselves as a **role-model** for future NYO athletes
- **88%** learned about **Alaska Native culture** and values
- **94%** **developed new friendships** with other athletes, coaches and teachers
- **12%** **stopped using tobacco products**
- **6%** **stopped using alcohol**
- **6%** **stopped using illegal substances**
- **145** number of athletes who indicated they practice at least **7-10 hours per week**

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People. Partnership. Potential.
Celebrating **30 years** of impact

PEOPLE. PARTNERSHIP. POTENTIAL.

WE ARE CITC.

We are people like you, who care deeply about each other and our communities.

Together, we can share our values, strength and wisdom to foster opportunities for everyone to achieve their full potential.



Coaching Students for the Games—and Life

DEMONSTRATING THROUGH ACTION, CASEY FERGUSON HELPS YOUTH SEE THEIR TRUE POTENTIAL

Twenty-six-year-old Casey Ferguson never met a sport he didn't like. Growing up in Chevak, he participated in every athletic activity his school had to offer, from cross-country running, to wrestling, to basketball. "I'm a very athletic person by nature. When I was in high school, I was always looking to be number one," Casey recalled.

As an NYO coach, though, he knows there's more to the games than healthy competition: He sees participation in NYO as a path his students can follow to gaining the tools they'll need to succeed in their lives.

"It's more about going out and doing your personal best ... The proudest moment I've had as an athlete or coach was watching someone else kick a height in the One-Foot High Kick that they'd never reached before, and seeing those emotions come over them."

"A lot of these kids come straight out of the village to Anchorage, and for them, that's not a small change," Casey explained. "Those athletes are often a little timid or shy. But once they start doing these games, their confidence starts to build, and when that happens, you start to see their true selves."

That transformation happened before his eyes this year when a sophomore joined Casey's Native Games after-school program at the Alaska Native Heritage Center. "He was out of shape, he couldn't run too long or do push-ups," said Casey. "But he was determined he was going to get better."

Over the course of the semester, Casey watched the young athlete reach one milestone after the next: his first push-up, the first time he ran more than a few strides. Today, the student can do 75 push-ups and runs all the time.

But the greatest change Casey sees is in the young man's

—CASEY FERGUSON



LEFT: As an NYO coach and former competitor, Casey Ferguson knows there's more to the Games than healthy competition: He sees participation in NYO as a path his students can follow to gain the tools they'll need to succeed in their lives. ABOVE: Casey offers instruction for Autumn Ridley of Anchorage during an NYO instruction at the Alaska Native Heritage Center. Autumn set the world record in the Alaskan High Kick with a mark of 82 inches during the 2012 NYO Games.

attitude. "He went from this shy kid to this confident young adolescent. His friends really look up to him. He's turned out to be this very outgoing, determined athlete."

As a coach, Casey has learned to demonstrate through actions everything he teaches his students.

"You realize what you're saying, you have to back that up with what you do," he explained. "Not just in the games, but in everything else."

"These games are basically my life right now," he added. In addition to coaching at the Native Heritage Center and teaching an NYO class at the University of Alaska – Anchorage, Casey participated in the Arctic Winter games just prior to this year's NYO, and he's training for the World Eskimo-Indian Olympics. He's no longer looking to be number one, though.

"It's more about going out and doing your personal best," he said. "The proudest moment I've had as an athlete or coach was watching someone else kick a height in the One-Foot High Kick that they'd never reached before, and seeing those emotions come over them."

Seeing them do all that hard work and watching it pay off—that's when you know, being number one isn't everything. It's what you get out of these games that also comes out in school and in life." ❖



COURTESY PHOTO

Steven Ugale of Unalaska set the world record in the Toe Kick during the 2013 NYO Games.

It's All About the Stick for World Record Holder Ugale

NYO ENCOURAGES YOUNG PEOPLE TO HONE THEIR SKILLS AND SHARE WHAT THEY'VE LEARNED WITH OTHERS

When Steven Ugale stands behind the Toe Kick line, the world falls

away. The clamor of the crowd around him fades to a murmur. Fellow athletes, their colorful shirts, the movement of other bodies nearby—it all vanishes, and Steven sees only one thing: the stick.

"I just need to wait for that moment when my heart is slowing down," described Steven, 18, of Unalaska, who set

Continued on Page 32



ABOUT THE GAMES

For thousands of years and countless generations, survival for Alaska Native people depended not only on individual strength, skill and knowledge, but also on the ability to work together toward common goals. Traditional athletic contests and games helped develop these and other skills critical to everyday life in the challenging Alaska environment.

Today's NYO Games Alaska carries on in this spirit by encouraging young people to strive for their personal best while helping and supporting their teammates—even other teams. While today's world is very different than when these games originated, the skills and values they instill are just as important now as then.

NYO Games Alaska helps to develop healthy lifestyles, positive self-esteem, leadership and teamwork, while promoting good sportsmanship and fostering a better understanding between diverse communities and cultures.

Cook Inlet Tribal Council is extremely proud to host

NYO Games Alaska. Working with communities throughout the state—and with local and national partners—hosting this event is itself a team effort, and wouldn't be possible without the dedicated help of everyone involved.

In addition, we acknowledge and honor all of the hard work undertaken by the teams and communities they represent—the intense practice, preparation and fundraising to cover travel and lodging—that bring them together each year in Anchorage.

NYO Games Alaska is one of a small handful of events—along with the World Eskimo-Indian Olympics (WEIO) and the Arctic Winter Games—based on these traditional northern latitude contests. While WEIO is limited to Native athletes, NYO Games Alaska and the Arctic Winter Games are open to all participants, as a way of sharing and celebrating Native traditions.

Welcome to the 2014 NYO Games! ❖

WIN 2 ROUND TRIP TICKETS ON ALASKA AIRLINES, 25K ALASKA AIRLINES MILES OR A SMARTPHONE DEVICE!

Be a part of the excitement! There are many fun ways to participate in the 2014 NYO Games ... from submitting your favorite Pilot Bread recipe, taking the CITC 30-year Anniversary Trivia Quiz, or participating in the 2015 NYO Student Art Contest. Special this year, join us for an interactive community engagement event where we celebrate CITC's 30 years of impact in our community and envision our goals and dreams for tomorrow.



Every time you participate in a NYO activity, your name is entered in a drawing to win cool NYO prizes, including a pair of round-trip tickets donated by Alaska Airlines, and 25,000 Alaska Airlines Miles donated by GCI!

All NYO activities can be accessed on the "Activities" tab of the NYO App, at the "Winners' Circle" welcome area at the Dena'ina Center during the NYO Games, or at citci.org.

The winner will be drawn Saturday, April 26 during Closing Ceremonies, and need not be present to win:

- **CITC 30-year Anniversary Trivia Quiz:** Test your knowledge of CITC's impact in our community
- **5th Annual Pilot Bread Contest:** Every Alaskan has a favorite way to eat Pilot Bread—submit your recipe today!
- **2015 NYO Student Art Contest:** Hey students! You can have your art featured on the official 2015 NYO t-shirts
- **CITC Celebrating 30 Years of Impact:** interactive community engagement event, Saturday, April 26, Noon-1 p.m.
- **Sign up for CITC's e-newsletter** at

citci.org

2014 NYO Prizes

- **Grand Prize:** 2 round trip tickets—donated by Alaska Airlines
- **First Place (2):** 25,000 Alaska Airlines Miles donated by GCI
- **Second Place:** Smartphone device package with three months of service—donated by GCI
- **Third Place:** 2014 NYO Hoodie (5 to be awarded)



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NYO Athletes on living their dreams today and always!

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SCHEDULE OF EVENTS*

DENA'INA CENTER | ANCHORAGE | APRIL 24-26

THURSDAY, APRIL 24

- 10:30 a.m. *Registration*

- 11:30 a.m. *Coaches meeting*

- 1 p.m. *Opening Ceremonies; Grand Entry of Teams*

- 2 p.m. **Kneel Jump & Awards**

- 3 p.m. **Wrist Carry & Awards**

- 5:30 p.m. **Alaskan High Kick & Awards**

FRIDAY, APRIL 25

- 9 a.m. *Coaches' meeting*

- 10:30 a.m. **Eskimo Stick Pull & Awards**

- 12:30 p.m. *Celebration of high school and GED graduates*

- 12:45 p.m. *Presentation of Academic Excellence Award*

- 1 p.m. *Cultural/entertainment performance*

- 1:30 p.m. **Toe Kick & Awards**

- 3:30 p.m. **One-Hand Reach & Awards**

- 5:30 p.m. **Two-Foot High Kick & Awards**

SATURDAY, APRIL 26

- 9 a.m. *Coaches' Meeting*

- 10 a.m. **Indian Stick Pull & Awards**

- Noon *CITC Celebrating 30 Years of Impact: Community Celebration event*

- 1:15 p.m. **One-Foot High Kick & Awards**

- 3:45 p.m. **Seal Hop & Awards**

- 5:45 p.m. *Pilot Bread Recipe Contest winners announced*

- 6 p.m. *Closing Ceremonies*

- 8-11 p.m. *NYO Athlete Dance - Dena'ina Center (for NYO athletes only)*

* Dates and times are subject to change; timing of each event is estimated, and dictated by length of individual contests

For information contact ator

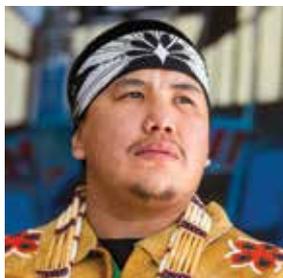


MICHAEL DINNEEN PHOTO

SUBMIT YOUR PILOT BREAD RECIPE AND WIN!

Every Alaskan has a favorite way to eat Pilot Bread! Please join us for the 4th Annual Pilot Bread Recipe Contest! Submission categories include **Traditional Topping**, **Healthy Topping** and **Youth Submission**, and recipes will be judged on originality, flavor and visual appeal.

Winners will be selected on **Saturday, April 26 at 5:45 p.m.**, during the 2014 NYO Games at the Denai'na Center. **Deadline for entry is Noon, Sat. April 26.** Contestants do not need to be present to win.



SAMUEL JOHNS

Performance

SATURDAY, APRIL 26

During CITC's 30-year anniversary community engagement event

Noon-1 p.m.



KNEEL JUMP

When it comes to the Kneel Jump, appearances are deceiving, as it is impossible to predict winners based on physique. Athletes start in a kneeling position, with the tops of their feet flat on the floor, and then jump up and forward. Athletes must land on both feet simultaneously and remain in that position without moving and without otherwise touching the floor. Each athlete is allowed three attempts. The winner is the contestant who jumps the greatest distance. ❖

STATE RECORDS

BOYS 66 1/4"
 Mark Kassaiuli, LKSD, 2011

GIRLS 55 1/2" **
 Apaay Campbell, BSSD, 2013

2013 RESULTS

BOYS		
1. Dylan Magnusen	Unalaska	67"
2. Carlin Lupie	Bethel	57-3/4"
3. Hayden Johansen	Mt. Edgecumbe	57-1/4"
GIRLS		
1. Apaay Campbell	BSSD	55-1/2" **
2. Sophie Poe	Bethel	42-1/2"
3. Zoya Brown	LKSD	41-1/2"

** New world record

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WRIST CARRY

The **Wrist Carry** is tailor-made for small, muscular athletes who also have a will of iron. Starting from a sitting position, athletes hook one wrist over the middle of a long pole held by two carriers. Without touching the pole with any other part of the body, athletes lift themselves off the floor and maintain the position while being carried over the course (carriers may walk or run) until they can no longer hold their own weight. The contestant who covers the greatest distance while suspended wins. ❖



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STATE RECORDS

BOYS 611', 4"
Troy Lockwood, BSSD, 2009

GIRLS 662', 4"
Lyndsey Merculief, Anchorage, 2006

2013 RESULTS

BOYS

1. Jaylen Moses	YSD	536' 1/2"
2. Troy Umugak	Chevak	504' 6-1/2"
3. Todd Jones	Karluk	496' 3"

GIRLS

1. Erin Sivits	ANCA	272' 3"
2. Hanna Clemons	Mat-Su A	268' 2"
3. Samantha Ishnook	Southwest Region	232' 9"

ALASKAN HIGH KICK

A tour-de-force of body and mind, the Alaskan High Kick is one of the most elegant and photographed events of the games. To prepare for the kick, athletes sit on the floor and balance on one foot while reaching across the torso to hold the other foot. Leaning back on the opposite hand, athletes thrust the balancing foot straight up to kick a suspended ball, then land on the kicking foot—without losing balance. The ball is raised in increments of four inches after each round. Each athlete is allowed three attempts at each height. When all but three athletes have been eliminated, the ball is raised in one-inch increments until there is a winner. ❖

STATE RECORDS

BOYS 93"

Andrew White, LKSD, 2009

Yako McCarr, LKSD, 2012

GIRLS 82"

Autumn Ridley, Anch A, 2012

2013 RESULTS

BOYS

1. Jeremy Andrew	LKSD	90"
2. Everdan Sugabo	Unalaska	88" 0m
3. Archie Andrews	LYSD	88" 0m

GIRLS

1. Autumn Ridley	Anch A	80"
2. Kaley Rolf	Dillingham	73"
3. Jayde Stoffa	Anc B	72"



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ESKIMO STICK PULL

The Eskimo Stick Pull is a contest of sheer strength and determination. Two contestants sit on the floor facing each other, the soles of their feet touching. Feet must be parallel and together, with knees bent at a 45-degree angle. Barehanded, with palms facing the floor, contestants firmly grasp a stick placed between them. (A coin toss determines which contestant has the inside or outside hold on the stick.) On a signal, contestants try to pull the stick away from their opponent without jerking or resetting their grip. To win a round, athletes must pull their opponent from the floor, or cause them to fall over sideways or release their grip. Hand positions are alternated between rounds. The winner of two rounds takes the match and moves to the next heat. ❖

This event does not have record holders.

2013 RESULTS

BOYS

- | | | |
|--------------------|----------|---|
| 1. Randy Standifer | Tebughna | - |
| 2. Dalton Beatie | Mat-Su A | - |
| 3. Nelson Fiso | ANC A | - |

GIRLS

- | | | |
|--------------------|------------|---|
| 1. Mariam Wamsley | Valdez | - |
| 2. Sarah Shroeder | Dillingham | - |
| 3. Kelsea Wassilie | LPSD | - |

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CELEBRATING ALASKA'S RICH HERITAGE



The Alaska Mental Health Trust Authority is proud to support the NYO Games and all of the competitors. We salute each of you for your perseverance, hard work and dedication to improving your health and well-being.

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The Alaska Mental Health Trust Authority

www.mhtrust.org

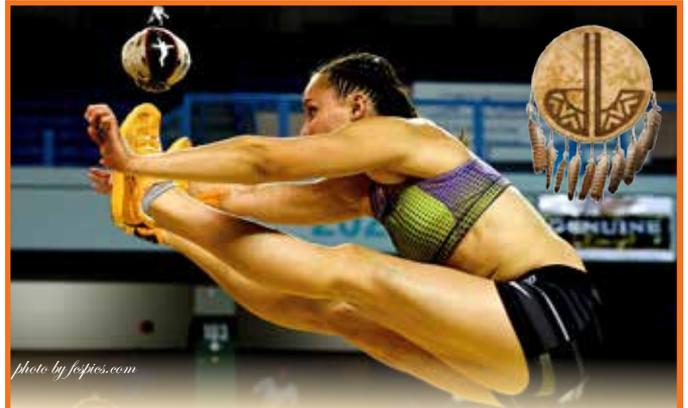


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TOE KICK

A favorite of many spectators, the Toe Kick requires both strength and airborne agility. Starting from a standing position behind a line, athletes jump with feet together over a stick, tapping it with their toes before landing on both feet. After each round, the stick is moved in four-inch increments away from the start line. When all but three athletes have been eliminated, the stick is moved in one-inch increments until there is a winner. ♦

STATE RECORDS

BOYS 96"
Steven Ugale 2013

GIRLS 76"
Raven Phillips, Aniak, 2012

2013 RESULTS

BOYS

- | | | |
|--------------------|----------|--------|
| 1. Steven Ugale | Unalaska | 96" ** |
| 2. Antone Ukatish | Nanwalek | 92" |
| 3. Michael Charles | LKSD | 88" 3m |

GIRLS

- | | | |
|-------------------|-------|--------|
| 1. Raven Phillips | Aniak | 70" |
| 2. Johnna Bouker | MEHS | 66" |
| 3. Jonisha Wilson | BSSD | 64" 0m |

** New world record

GENEROUSLY SPONSORED BY



2014 NYO GAMES ALASKA

Art Contest

Attention Students!

NYO wants your original artwork for the **2015 official NYO Games t-shirt design!** Look for contest details on our NYO Facebook page, or email: nyoartcontest@citci.org



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ONE-HAND REACH

The **One-hand Reach** demands extraordinary balance, strength and focus. Balancing their weight on the palm or knuckles of one hand, athletes reach with their free hand to touch a suspended ball, then place their free hand on the floor—without otherwise touching the floor. The ball is raised in increments of four inches after each round, and each athlete is allowed three attempts at each height. When all but three athletes have been eliminated, the ball is raised in one-inch increments until there is a winner. ❖

STATE RECORDS

BOYS 69 INCHES

Bernard Clark, Mat-Su Team A, 2011

GIRLS 62 INCHES

Sophie O'Connell, Dillingham 2003/2006

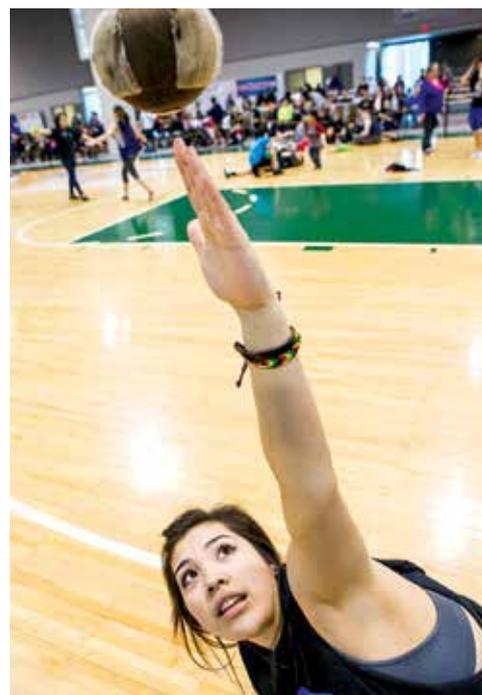
2013 RESULTS:

BOYS

- | | | |
|---------------------|-----------|--------|
| 1. Jeremy Andrews | LKSD | 65" Om |
| 2. Timothy Ukatish | Nanawalek | 63" Om |
| 3. Isaac John-Giles | Mat-Su B | 62" Om |

GIRLS

- | | | |
|-------------------|----------|--------|
| 1. Chelsea Morrow | Mat-Su A | 59" Om |
| 2. Jacelyn Snyder | LKSD | 57" Om |
| 3. Rebecca Brink | Bethel | 57" 1m |



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TWO-FOOT HIGH KICK

The Two-foot High Kick is a supreme test of abdominal strength and balance. Jumping with both feet simultaneously, athletes kick a suspended ball, then land on both feet without falling backwards. The ball is raised in increments of four inches after each round. Each athlete is allowed three attempts at each height. When all but three athletes have been eliminated, the ball is raised in one-inch increments until there is a winner. ❖



STATE RECORDS

BOYS 101 INCHES

Brian Randazzo, Jr., Anchorage Team A, 2011

GIRLS 78 INCHES

Alice Strick, Mat-Su Team A, 2011

2013 RESULTS

BOYS

- | | | |
|-------------------|-----------|--------|
| 1. Stuart Towarak | BSSD | 94" Om |
| 2. Kevin Horton | LKSD | 92" Om |
| 3. Josiah Maek | King Cove | 90" Om |

GIRLS

- | | | |
|------------------|------------|--------|
| 1. Autumn Ridley | Anch A | 73" Om |
| 2. Kaley Rolf | Dillingham | 72" Om |
| 3. Terry Johnson | Anch B | 70" Om |

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INDIAN STICK PULL

Smaller athletes can prevail over much larger opponents in the Indian Stick Pull (a stepstool may be provided if there is a large difference in height). Contestants stand next to each other facing in opposite directions, and each place their near foot forward and alongside the outside of their opponent's. Athletes' feet must be kept on marked positions, and no other body contact is allowed. With their near arms held down, contestants grab the opposite end of a tapered and greased wooden dowel.

On the start signal, athletes attempt to pull the stick from their opponent's hand. During the competition, the stick cannot be raised any higher than the tallest opponent's shoulder. No body contact is allowed. Jerking, twisting or turning the stick is allowed, and feet must remain in place on the floor. Movement of the feet will result in the player losing that pull.

The contestant who forces the dowel from their opponent's hand wins the round. Matches consist of three rounds—first with the right hand, then with the left; the third round (if needed) occurs with the hand determined by a coin toss.

The winner of two rounds takes the match and moves to the next heat. ❖



GENEROUSLY SPONSORED BY



This event does not have record holders.

2013 RESULTS

BOYS

- | | |
|--------------------|----------|
| 1. Charles Teter | CEC |
| 2. Rodney Dock | LKSD |
| 3. Randy Standifer | Tebughna |

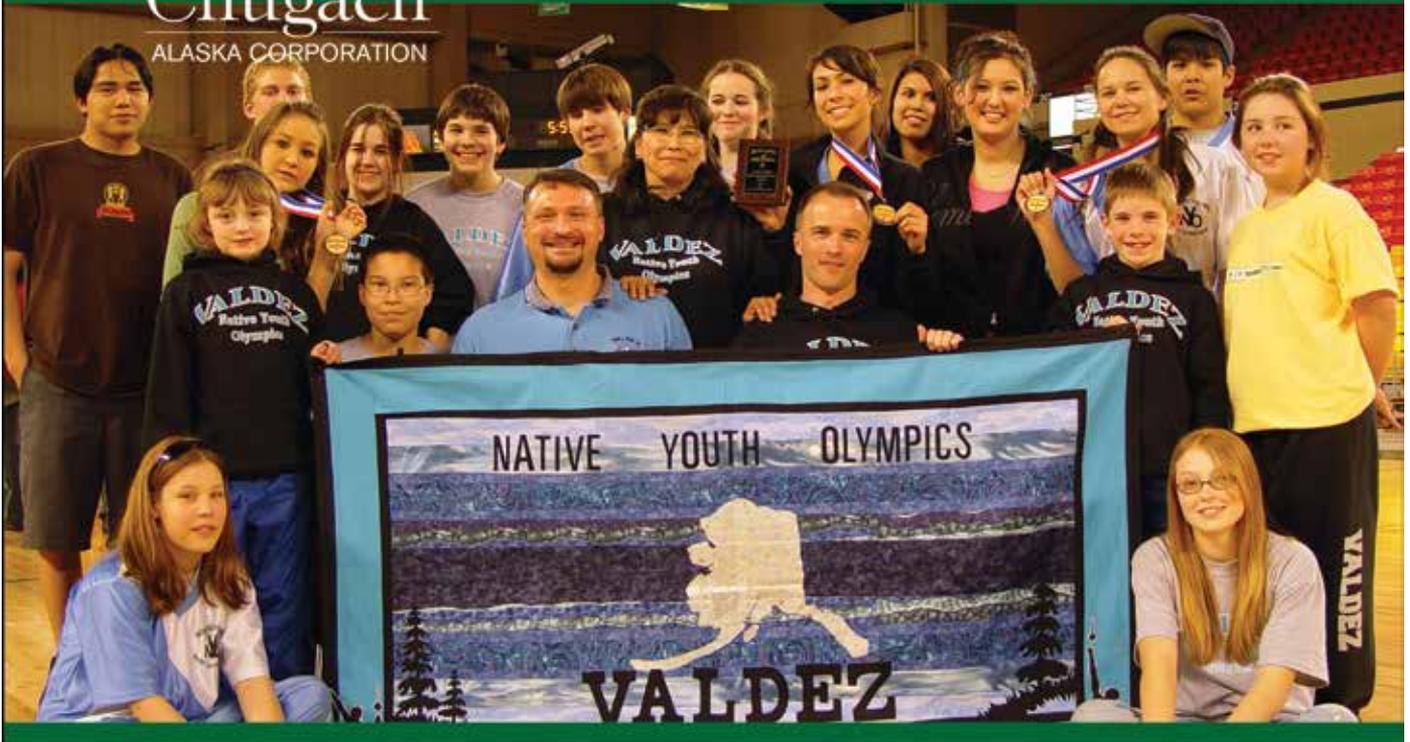
GIRLS

- | | |
|---------------------|--------|
| 1. Summer Ulroan | Chevak |
| 2. Zoe Anelon | LPSSD |
| 3. Katie Van Velzor | Knik |



AIM HIGH NYO ATHELETES!

A proud sponsor of this year's event.



FREE ADMISSION

DENA'INA CENTER IN ANCHORAGE
NYO OPPORTUNITIES EXPO

APRIL 24-26

Thurs. 1-6 p.m.
Sat., & Sun. 8:30 AM - 5 PM

Be sure to visit the 4th Annual NYO Opportunities Expo during 2014 NYO Games Alaska, April 24-26 at the Dena'ina Center downtown. A variety of vendor booths will be on-hand, including event sponsors, health and fitness, arts and crafts, retail stores, educational opportunities, employment recruitment, and much more. Kick-off spring with a weekend of fun, excitement and entertainment at the 2014 NYO Games and Opportunities Expo!

For more information, contact: **Stephanie Hayes** at 907.793.3183 or shayes@citci.org



ONE-FOOT HIGH KICK

The **One-foot High Kick** demands great **flexibility** and leg strength. From a standing or running start, athletes jump with both feet, kick a suspended ball with one foot, then land on the kicking foot—without losing balance (they may hop several times on the kicking foot to regain balance). The ball is raised in increments of four inches after each round, and each athlete is allowed three attempts at each height. When all but three athletes have been eliminated, the ball is raised in one-inch increments until there is a winner. ❖

STATE RECORDS

BOYS 114"

Tim Field, NWASD, 2009

John Miller III, Barrow, 2003

Stuart Towarak, BSSD, 2013

GIRLS 92"

Marian Wamsley, Valdez, 2012

2013 RESULTS

BOYS

- | | | |
|-------------------|----------|---------|
| 1. Stuart Towarak | BSSD | 114" 0m |
| 2. Will Byrd | Mat-Su A | 106" 0m |
| 3. Zach Martin | Seward | 106" 3m |

GIRLS

- | | | |
|---------------------|--------|--------|
| 1. Mariam Wamsley | Valdez | 90" 0m |
| 2. Madeline Ko | - | 85" 0m |
| 3. Samantha Ishnook | SWRSD | 83" 0m |

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NANA

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**STATE RECORDS**

BOYS 171 FEET, 5 INCHES
Calvin Bell, Nome, 2009

GIRLS 160' 9-1/4"
Dajan Treder, Anchorage, Team A, 2012

2013 RESULTS**BOYS**

1. Nelson Kanuk	MEHS	134' 10-1/2"
2. Clint Paul	LKSD	133' 2-1/2"
3. Jerry Phillip	YSD	111' 7-1/2"

GIRLS

1. Dajan Treder	Anch A	155' 8-1/2"
2. Katrina Merline	Southwest Region	117' 2-1/2"
3. Chelsea Andrew	LKSD	116' 8"

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**ALASKA NATIVE
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CONSORTIUM**

SEAL HOP

The Seal Hop is perhaps the most physically and mentally grueling of all the events. Female contestants assume a push-up position with arms straight and palms flat on the floor. Male contestants must maintain a lowered push-up position, with elbows bent, hands curled and knuckles down, supporting their weight on the heels of the hands and the knuckles. On signal, contestants hop—seal-like—across the floor on their hands and toes while maintaining the push-up position. When their shoulders cross a designated marker, they must make a 180-degree turn and resume hopping. Athletes will be stopped for pausing and restarting, raising the rump above the shoulders or touching the floor with their knees or stomach. Upon completing their distance, contestants must remain in position until the judge measures their distance. The athlete who travels the greatest distance is the winner. ❖



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Sponsors as of April 11

2013 Event Results



2013 AWARDS

BEST BANNER

Dillingham

SPORTSMANSHIP

Female

Autumn Ridley, *Anch. Team A*

Male

Forest Strick, *Mt. Edgecumbe*

Gloria Walker Team Award

Valdez

TOP OVERALL ATHLETES

Female

Autumn Ridley, *Anch. Team A*

Male

Stuart Towarak,

BSSD

TOP FIVE TEAMS

1. LKSD
2. ANC A
3. Mat-Su A
4. Bering Straits
5. Unalaska

HEALTHY ATHLETE

Female

Autumn Ridley, *Anch. Team A*

Male

Stuart Towarak,

BSSD

HEALTHY COACH

Paul Paul, *LKSD*

2013 PRIZE WINNERS

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Theresa Clark, *Fairbanks*

Barb Towarak, *Unakaleet*

SMARTPHONE DEVICE WITH 3-MONTH SERVICE PLAN

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Charles Greene, *Pilot Station*

SEAL SKIN BALL

Hannah Parksville

NYO HOODIES

Chris Dankmeyer, *Anchorage*

Harold Hoover, *Anchorage*

Rod Morrison, *Valdez*

Fannie S. Phillip, *Kongiganak*

Betty Soosuk, *Anchorage*

Maria Weber, *North Pole*

* New World record

** Tied World record

KNEEL JUMP

Girls

1st	Apaay Campbell	BSSD	55 1/2" *
2nd	Sophie Poe	Bethel	42 1/2"
3rd	Zoya Brown	LKSD	41 1/2"
4th	Kimberly Clark	Nome	40 3/4"
5th	Autumn Ridley	ANC A	39 3/4"

Boys

1st	Dylan Magnusen	Unalaska	67" **
2nd	Carlin Lupie	Bethel	57 3/4"
3rd	Hayden Johansen	Mt. Edgecumbe	57 1/4"
4th	Jose Casados	Effie Kokrine	57"
5th	Steven Ahvakana	ANC A	55 3/4"

WRIST CARRY

Girls

1st	Erin Sivits	ANC A	272' 3"
2nd	Hanna Clemons	Mat-Su A	268' 2"
3rd	Samantha Ishnook	SW Region	232' 9"
4th	Kaylene Esnardo	Unalaska	204' 7"
5th	Kristina Wahl	Dillingham	195' 3"

Boys

1st	Jaylen Moses	YSD	536' 1/2"
2nd	Troy Umugak	Chevak	504' 6-1/2"
3rd	Todd Jones	Karluk	496' 3"
4th	Wyatt Duncan	Valdez	488' 2-1/4"
5th	Daniel Miller	Dillingham	473' 6"

ALASKAN HIGH KICK

Girls

1st	Autumn Ridley	ANC A	80"
2nd	Kaley Rolf	Dillingham	73"
3rd	Jayde Stoffa	ANC B	72"
4th	Jessica David	LKSD	68"
5th	Tania Romanoff	Nanwalek	66"

Boys

1st	Jeremy Andrew	LKSD	90"
2nd	Everdan Sugabo	Unalaska	88" Om
2nd	Archie Andrews	LYSD	88" Om
4th	Daniel Adams	Mat-Su A	86"
5th	Nick Devens	Valdez	84"

ESKIMO STICK PULL

Girls

1st	Mariam Wamsley	Valdez	-
2nd	Sarah Schroeder	Dillingham	-
3rd	Kelsea Wassilie	LPSD	-
4th	Alyssa Bushey	Nome	-
5th	Kaitlyn Wassilie	Bristol Bay	-

Boys

1st	Randy Standifer	Tebughna	-
2nd	Dalton Beatie	Mat-Su A	-
3rd	Nelson Fiso	ANC A	-
4th	Connor McConnell	Unalaska	-
5th	Michael Matthew	Mt. Edgecumbe	-

TOE KICK

Girls

1st	Raven Phillips	Aniak	70"
2nd	Johnna Bouker	Mt. Edgecumbe	66"
3rd	Jonisha Wilson	BSSD	64" Om
4th	Alecia Egoak	LKSD	62" Om
5th	Terry Johnson	ANC B	62" 1m

Boys

1st	Steven Ugale	Unalaska	96" *
2nd	Antone Ukatish	Nanwalek	92"
3rd	Michael Charles	LKSD	88" 3m
4th	Michael Matthew	Mt. Edgecumbe	88' 5m
5th	Kevin Horton	Mat-Su A	84' 2m

ONE-HAND REACH

Girls

1st	Chelsea Morrow	Mat-Su A	59"
2nd	Jacelyn Snyder	LKSD	57"
3rd	Rebecca Brink	Bethel	57" 1m
4th	Raven Phillips	Aniak	56" Om
5th	Kaley Rolf	Dillingham	56" 1m

Boys

1st	Jeremy Andrews	LKSD	65"
2nd	Timothy Ukatish	Nanwalek	63"
3rd	Issac John-Giles	Mat-Su B	62" Om
4th	Daniel Adams	Mat-Su A	62" 1m/62
5th	Vance Gregory	Mt. Edgecumbe	62" 1m
5th	Harry Ivanoff	BSSD	62" 1m

TWO-FOOT HIGH KICK

Girls

1st	Autumn Ridley	ANC A	73"
2nd	Kaley Rolf	Dillingham	72"
3rd	Terry Johnson	ANC B	70" Om
4th	Tahnee Esparza	BSSD	70" 1m
5th	Johnna Bouker	Mt. Edgecumbe	70" 3m

Boys

1st	Stuart Towarak	BSSD	94"
2nd	Kevin Horton	LKSD	92"
3rd	Josiah Maek	King Cove	90"
4th	Issac John-Giles	Mat-Su A	88" Om
5th	Antone Ukatish	Nanwalek	88" 1m

INDIAN STICK PULL

Girls

1st	Summer Ulroan	Chevak	-
2nd	Zoe Anelon	LPSD	-
3rd	Katie Van Velzor	Knik	-
4th	Ledonya George	Dillingham	-
5th	Debra Hersrud	NWABSD	-

Boys

1st	Charles Teter	CEC	-
2nd	Rodney Dock	LKSD	-
3rd	Randy Standifer	Tebughna	-
4th	Michael Matthews	Mt. Edgecumbe	-
5th	Joshua Gumlickpuk	SWRSD3	-

ONE-FOOT HIGH KICK

Girls

1st	Mariam Wamsley	Valdez	90"
2nd	Madeline Ko	-	85"
3rd	Samantha Ishnook	SWRSD	83"
4th	Autumn Ridley	ANC A	82"
5th	Tahnee Esparza	BSSD	80" Om

Boys

1st	Stuart Towarak	BSSD	114" **
2nd	Will Byrd	Mat Su A	106" Om
3rd	Zach Martin	Seward	106" 3m
4th	Caleb Kameroff	LYSD	104" Om
5th	Kevin Brown	LKSD	104" 1m
5th	Steven Ugale	Unalaska	104" 1m

SEAL HOP

Girls

1st	Dajan Treder	ANC A	155' 8-1/2"
2nd	Katrina Merline	SW Region	117' 2-1/2"
3rd	Chelsea Andrew	LKSD	116' 8"
4th	Janlynn Jimmie	Bethel	113' 2-1/2"
5th	Lacy Holmes	Mat-Su A	105' 3-1/2"

Boys

1st	Nelson Kanuk	Mt. Edgecumbe	134' 10-1/2"
2nd	Clint Paul	LKSD	133' 2-1/2"
3rd	Jerry Phillip	YSD	111' 7-1/2"
4th	Tommy Nquyen	Unalaska	104' 4-1/4"
5th	Michael Kanuk	Nenana	103' 11 1/2"

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THE JOHNSON-O'MALLEY NATIVE EDUCATION PROGRAM (JOM)

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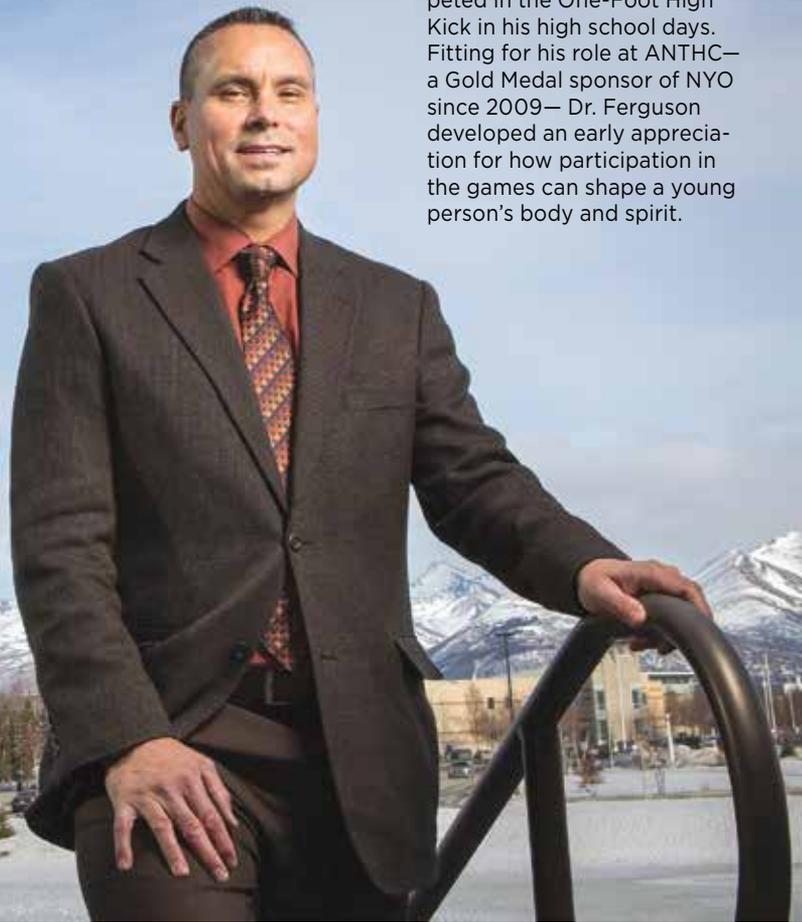
Johnson-O'Malley (JOM) is a federally funded program providing supplemental educational services for Native American students attending public schools. The program is overseen by a Native Education Committee elected from the parents/guardians of Alaska Native/American Indian students enrolled in the school district.



PARTNERSHIPS MAKE THE GAMES POSSIBLE

The success of NYO depends upon a generous behind-the-scenes team of sponsors, donors and volunteers.

Director of Wellness and Prevention Dr. Gary Ferguson of Alaska Native Tribal Health Consortium (ANTHC) competed in the One-Foot High Kick in his high school days. Fitting for his role at ANTHC—a Gold Medal sponsor of NYO since 2009—Dr. Ferguson developed an early appreciation for how participation in the games can shape a young person's body and spirit.



Ask nearly anyone involved with the Games, and they'll tell you: one of the greatest assets young NYO athletes develop by participating in the event is learning to work as a team. Each year, from all over the state, NYO teams come from cities and villages to strive toward goals, cheer each other on and demonstrate the skills they've gained, both physical and mental, from months of focused practice.

There's another team present at NYO, though you won't see its members setting new records in the Seal Hop or the Wrist Carry. Instead, you'll see their names in the Games Guide, or you'll spot them selling NYO merchandise.

Every year, the success of NYO depends upon the team of generous donors, sponsors and volunteers who give their time and money to make sure this event is a success.

Many sponsors and volunteers were once athletes themselves, like Dr. Gary Ferguson of the Alaska Native Tribal Health Consortium (ANTHC)—a \$25,000 Gold Medal sponsor of NYO since 2009. As a high school student, the ANTHC Director of Wellness and Prevention competed in the One-Foot High Kick and developed an early appreciation for how participation in the Games can shape a young person's body and spirit.

"Being physically active improves the health of our youth, but it also brings about other good traits," Dr. Ferguson explained. "Participating in the games, young people learn to have pride in themselves, to have discipline and support others. They also learn to take care of themselves—they get their rest because they want to perform well."

As a healthcare organization dedicated to caring for

Participating in the games, young people learn to have pride in themselves, to have discipline and support others."

—Dr. Gary Ferguson
Director of Wellness and Prevention,
Alaska Native Tribal Health Consortium

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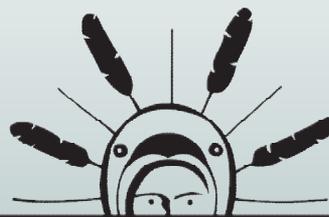


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and developing a legacy of health among Alaska Native people, ANTHC is proud to invest in an event that encourages young people to strive for healthier lives, said Dr. Ferguson.

“At ANTHC, we believe the healthiest people are those who are active, practice healthy lifestyles and who stay connected to their culture. Athletes at NYO exemplify that.”

The games are also an expression of thousands of years of tradition, said Marie Greene, President and CEO of NANA Regional Corporation, a \$10,000 Silver Medal Sponsor. “Native games center around preparing the mind and body for subsistence activities. The cooperation and collaboration at the heart of these activities are a key reason why Alaska Native people have survived and thrived for generations.”

Meanwhile, Greene adds, “By watching the games, non-Native Alaskans learn about who we are as a Native people and how core the land, hunting and fishing are to our lives.”

She recalls handing out the awards at NYO one year and being moved by the knowledge that she was sharing the



MARIE GREENE
President and CEO
NANA Regional Corporation

moment with Alaska’s future leaders. “It inspired me to know that in their hands, our traditional ways will continue as they pass our games onto the next generation of athletes.”

Scott Smith of Youth with a Mission, a Homer-based organization that’s provided NYO volunteers who help with everything from taking surveys to emptying trash cans, believes that supporting NYO means a brighter future not just for each individual, but for all of Alaska.

“When you create a culture where you invest in others, that culture self-perpetuates and multiplies down the generations,” Smith said. “We’re at the games to serve the folks who run them

and make sure they have everything they need because we believe that CITC and NYO embody that idea: that each generation is worth investing in for a better tomorrow.”

Over the years, NYO has already made a significant impact on the well-being of Alaska’s youth, added Dr. Ferguson, who has been involved with evaluating the Games to gather feedback on their positive effects on health. “The data coming out of the Games shows us the things we want to see: that our young people involved in NYO are making healthy choices and showing signs of resiliency,” he said.

“Young people who are healthy and making good choices help prevent suicide, domestic violence and substance abuse. These traits are bringing us towards the ANTHC

“When you create a culture where you invest in others, that culture self-perpetuates and multiplies down the generations.”

—Scott Smith
Director, Youth with a Mission,
Homer, Alaska

vision of being the healthiest people in the world,” said Dr. Ferguson.

Each year, more than 2,000 students come from 50 communities across Alaska to demonstrate their commitment to healthy lives and healthy futures.

The success of NYO depends upon the participation of these teams—and of the behind-the-scenes team of sponsors, donors and volunteers.

From corporate sponsorships to E-Card purchases, from charitable gifts to volunteer opportunities, there’s a place for you on the CITC NYO support team. Join us, and take part in an important and cherished community event! Visit citci.org to find out how. ❖



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MICHAEL DINNEEN PHOTOGRAPHY

Achieve Your Goals



Steven Ugale of Unalaska shattered the world Toe Kick record in 2013, an accomplishment Steven didn't even realize he'd achieved until his coach told him. Steven's kick of 96" (LEFT) beat the former record that had been in place since 1980.

Continued from Page 7

a new world record of 96 inches last year for the Toe Kick. "The world slows down. I ignore everyone. It's just me and the stick."

And, when he's ready, he leaps, feet together, lightly tapping the stick with his toes as he passes over it to land on both feet. That's the moment that in 2013 shattered a record that had been in place since 1980, an accomplishment Steven didn't even realize he'd achieved until his coach told him.

"A thirty-three-year-old record," Steven mused, the astonishment still detectable in his voice a year later. "It was my first year even doing the event. I used to watch my teammate do the Toe Kick all the time. Then he graduated, and he was the one who told me I ought to try it. I guess I got better."

Inheriting the event from his teammate is emblematic of one of Steven's favorite aspects of the game: the way NYO encourages young people to hone their skills and share what they've learned with others.

Whether he's competing in the Toe Kick or his other event, the One-Foot High Kick, Steven experiences a level of concentration and attention to detail akin to what he achieves as an artist. "Competing has really helped me to focus and express my feelings when I draw or paint," he said.

As a senior in high school, Steven plans to enlist in the

military to help pay for college, where he'll pursue his dream to become a professional artist. He credits NYO with equipping him with the drive to accomplish his goals.

"Participating in NYO helped me to discover myself and be more motivated," Steven explained. He's found himself trying harder to maintain his grades in school and stay out of trouble. "If I slip up, I don't get to travel for the games, and I'd really miss out. I like meeting people from places that are different from the island where I live."

Still, when the moment comes this year, those people he's met will fade into the background as he focuses and prepares to jump. At that moment, he said, "It's just me and the stick." ❖

Coach and Principal Embraces Community, Diversity Through NYO

SPORTSMANSHIP DEFINES THE GAMES FOR TEAM VALDEZ

The first time Rodney Morrison, NYO Coach and Principal of Gilson Middle School in Valdez, attended the NYO state competition, he witnessed something he'd never seen in 10 years of coaching sports.

"One of my guys, David Thomas, was competing in the One-arm Reach, going for the state record," Rod recalled. "His opponent went to hit the ball, and missed. David came over and told him, 'If you move over a quarter of an inch, you've got it.'"

Rod's mouth nearly hit the floor. "I thought, Wait a minute! You just told this opponent how to beat you!" He laughed at the memory, then continued, "I realized that this whole thing is bigger than I can put my arms around.



“I realized early on that the most prestigious award was the Gloria Walker Award for sportsmanship,” said NYO Coach Rod Morrison. “So I talked to our kids about what does that mean, and how do we get there. That’s been an award we’ve won over and over,”

COURTESY PHOTO

There’s more to NYO than just the sport.”

A transplant from Washington state who came to Alaska 12 years ago, Rod took responsibility for a small team of NYO athletes when a military friend was deployed and had to give up coaching.

“That first year, the kids led me through the events,” he recalled. “I understood the sport part, but then I went to State, and that very first opening ceremony, there’s over 500 kids there. An elder got up to speak, and every kid in that facility was focused on that elder. Most groups of kids, they’d be talking, texting, goofing around. That moment of

“We had Native and non-Native kids alike,” Rod recalled. “Our kids kept their grades up, and they had a requirement to be good citizens at school. I had fewer than eight kids the first year I coached the team as a club, but making it a school activity led us to have 75 kids competing at one point.”

So it came as a shock when, in 2013, the school superintendent attempted to cut NYO activities from the district—a decision, Rod realized, was being made by individuals who didn’t appear to recognize the values the NYO Games brought to his students.

“Our kids kept their grades up, and they had a requirement to be good citizens at school. I had fewer than eight kids the first year I coached the team as a club, but making it a school activity led us to have 75 kids competing at one point.”

—Rod Morrison
NYO Coach and Middle School Principal

wow, this is respect—that really struck me.”

After his first NYO state competition, Rod came back to Valdez reinvigorated, reenergized—and with a mission. As a school principal, he understood how much his students could benefit from being part of a sport that would not only strengthen their athletic skills and teach them good sportsmanship, but also connect them with Alaska Native culture.

To emphasize the cultural ties of the games, he brought artists and Native language teachers into the classrooms, and added NYO sports to P.E. classes at the grade, middle and high schools. Eventually, he convinced the local school board to approve the sport as an official school activity in which students could earn a varsity letter, and participation in NYO exploded.

“A lot of the elders from our community came out to the city council meeting and explained that NYO is much more than a youth sport like baseball or basketball,” Rod said.

Ultimately, the program was reinstated, and today the Valdez NYO team is more focused than ever on its number one priority: good sportsmanship.

“I moved my family to Alaska for a lot of reasons,” added Rod, who couldn’t have known 12 years ago how important NYO would become to him.

“You can live in Alaska, but I think to be an Alaskan, you have to embrace the communities and the diverse cultures that come with that. NYO enables me to do that. It’s something I’m proud to be part of, and proud to have my kids be part of.” ❖

SERVICES + OPPORTUNITY

Cook Inlet Tribal Council is pleased to provide you with this comprehensive listing of the many services and opportunities provided by organizations throughout the Cook Inlet region >

NONPROFIT PARTNERS

Chickaloon Village Traditional Council

P.O. Box 1105, Chickaloon, AK 99674
TEL: (907) 745-0749 FAX: (907) 745-0709
E-MAIL: cvadmin@chickaloon.org
WEBSITE: www.chickaloon.org

The CIRI Foundation

3600 San Jeronimo Drive, Suite 256, Anchorage, AK 99508
TEL: (907) 793-3575 TOLL FREE: (800) 764-3382
FAX: (907) 793-3585 E-MAIL: tcf@thecirifoundation.org
WEBSITE: www.thecirifoundation.org

Cook Inlet Housing Authority

3510 Spenard Road, Suite 100, Anchorage, AK 99503
TEL: (907) 793-3000 TOLL FREE: (888) 667-2442
FAX: (907) 793-3070 E-MAIL: info@cookinlethousing.org
WEBSITE: www.cookinlethousing.org

Kenaitze Indian Tribe

P.O. Box 988, Kenai, AK 99611
TEL: (907) 335-7200 FAX: (907) 335-7239
WEBSITE: www.kenaitze.org

Knik Tribal Council

951 E Bogard Rd., Suite 101, Wasilla, AK 99654
TEL: (907) 373-7991 FAX: (907) 373-2161
E-MAIL: kniktrib@mtaonline.net
WEBSITE: www.kniktribe.org

Koahnic Broadcast Corporation

3600 San Jeronimo Drive, Suite 480, Anchorage, AK 99508
TEL: (907) 793-3500 FAX: (907) 793-3536
E-MAIL: feedback@knba.org
WEBSITE: www.koahnicbroadcast.org

Ninilchik Traditional Council

P.O. Box 39070, Ninilchik, AK 99639
TEL: (907) 567-3313 FAX: (907) 567-3308
E-MAIL: ntc@ninilchiktribe-nsn.gov
WEBSITE: www.ninilchiktribe-nsn.gov

Seldovia Village Tribe

P.O. Drawer L, Seldovia, AK 99663
TEL: (907) 234-7898 FAX: (907) 234-7865
E-MAIL: svt@svt.org
WEBSITE: www.svt.org

Southcentral Foundation

4501 Diplomacy Drive, Anchorage, AK 99508
TEL: (907) 729-4955 FAX: (800) 478-3343
WEBSITE: www.scf.cc

BROADCASTING**KNBA-FM Radio/90.3 FM**

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ELIGIBILITY: General listening audiences.

PROVIDER: Koahnic Broadcast Corporation

3600 San Jeronimo Drive, Suite 480, Anchorage, AK 99508

TEL: (907) 793-3500

FAX: (907) 793-3536

E-MAIL: feedback@knba.org

WEBSITE: knba.org

FAMILY RESOURCES**Burial Assistance**

Provides cash assistance to Alaska Native and American Indian families who have lost a loved one and lack the means to provide a proper memorial. The program is based on available income and resources of the deceased and their family.

ELIGIBILITY: Next of kin must provide proof of deceased's Native blood, their photo ID, proof of residency in the Municipality of Anchorage, the time of death within 30 days, and be able to verify a lack of resources (such as life insurance, retirement benefits, etc.).

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department

3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org

WEBSITE: www.citci.org

Child Care Assistance

Financial assistance to Alaska Native and Native American families who are in need of day care services for children under the age of 13. Parents must be employed a minimum of 20 hours per week or attending a college/university or vocational training at least half-time, as defined by the institution's enrollment criteria.

ELIGIBILITY: Alaska Native or American Indian families or individuals having income eligibility as determined by a sliding-fee scale using household income for the last 30 days.

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department

3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org

WEBSITE: www.citci.org

Elder Program

Promotes independent living through a variety of services for Alaska Native/American Indian Elders, including a hot lunch program (Monday – Friday), advocacy, information, assistance and referral services. Light housekeeping, in-home visits and scheduled transportation are provided for those

who are eligible. Group outings and healthy, social activities are scheduled on a regular basis.

ELIGIBILITY: Alaska Native/American Indian Elders, age 55 and older, residing in Anchorage.

PROVIDER: Southcentral Foundation Chugach Square Mall
6901 E. Tudor Road, Suite 8, Anchorage, AK 99504

TEL: (907) 729-6500

WEBSITE: www.scf.cc

Family Contact

Provides opportunities for children in foster care to spend time with their birth parents. This provides a safe environment for children to cope with the separation, while helping parents learn and practice skills in a structured setting to restore relationships with their children.

ELIGIBILITY: Parents and their children separated by foster care placement through the State Office of Children's Services (OCS).

PROVIDER: Cook Inlet Tribal Council, Inc.

Child and Family Services Department

360 San Jeronimo Drive, Suite 138, Anchorage, AK 99508

TEL: (907) 793-3132

E-MAIL: info@citci.org

WEBSITE: citci.org

Fathers' Journeys

Program helps fathers develop social, parenting, financial, and life skills that will help improve the well-being of their families. Program offers parenting education, groups, parenting skills, mentoring, emotion management groups, home-based life skills coaching, case management and job search assistance.

ELIGIBILITY: Fathers parenting children in their home, or who do not presently have children in their custody, but are looking to establish or rebuild relationships with their children.

PROVIDER: Cook Inlet Tribal Council, Inc.

Child and Family Services

3600 San Jeronimo Drive, Suite 138, Anchorage, AK 99508

TEL: (907) 793-3132

E-MAIL: info@citci.org

WEBSITE: www.citci.org

Flourishing Child

In partnership with Cook Inlet Head Start and Anchorage Community Mental Health Services, the Flourishing Child program provides therapeutic intervention and in-home services for families and children enrolled at Cook Inlet Native Head Start who have been exposed to violence. Cook Inlet Native Head Start is a nonprofit partner in Anchorage offering educational and social support services for Alaska Native children and their families.

ELIGIBILITY: Children enrolled at Cook Inlet Head Start and recommended for services through the Cook Inlet Head Start staff.

PROVIDER: Cook Inlet Tribal Council, Inc.

Child and Family Services Department

3600 San Jeronimo Drive, Suite 138, Anchorage, AK 99508

TEL: (907) 793-3132

E-MAIL: info@citci.org

WEBSITE: citci.org

General Assistance (GA)

Temporary cash support to Alaska Native and American Indian individuals and families for essential needs.

ELIGIBILITY: GA is a sole-resource program. Participants cannot be receiving cash assistance from other public assistance programs.

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org **WEBSITE:** www.citci.org

Home-Based Services

Provides a variety of home-based services, including acute care, chronic care, hospice and respite care. Case management available for infants, children, families and adults of all ages. Occupational therapy and speech therapy are available.

PROVIDER: Southcentral Foundation

4160 Tudor Centre Drive, Anchorage, AK 99508

TEL: (907) 729-2490 **WEBSITE:** www.scf.org

Indian Child Welfare Act (ICWA)

ICWA Help Desk located at the State of Alaska, Office of Children Services (OCS). ICWA supports compliance with the Indian Child Welfare Act, ensuring tribal notification when Alaska Native/American Indian children are in State custody.

ELIGIBILITY: Alaska Native/American Indian children in State custody.

PROVIDER: Cook Inlet Tribal Council

Office of Children Services
323 E 4th Ave, Suite 2162
Anchorage, AK 99501

TEL: (907) 269-4095 **TOLL FREE:** (800) 478-4444

E-MAIL: info@citci.org **WEBSITE:** www.citci.org

Intensive Case Management (ICM)

Provides service coordination for housing, employment and other vital, intense-need services for Alaska Native and American Indian individuals residing in the Municipality of Anchorage

ELIGIBILITY: Call (907) 793-3300 for eligibility details, or visit our Employment Training and Services Department at CITC's Nat'uh Service Center.

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300 **E-MAIL:** info@citci.org

WEBSITE: www.citci.org

Intensive Family Preservation

Provides individual and family therapy, case management and skill development to families in crisis. The goal is to achieve permanency planning for families while promoting child safety, permanency, cultural continuity and overall well-being.

ELIGIBILITY: Families involved with the State of Alaska Office of Children's Services (OCS).

PROVIDER: Cook Inlet Tribal Council

Child and Family Services Department
3600 San Jeronimo Drive, Suite 138, Anchorage, AK 99508

TEL: (907) 793-3132

E-MAIL: info@citci.org **WEBSITE:** www.citci.org

Low Income Heating Assistance (LIHEAP)

Provides assistance with heating utility bills for low income Alaska Native/American Indian families who reside within the Municipality of Anchorage.

ELIGIBILITY: Must meet income eligibility criteria.

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org **WEBSITE:** www.citci.org

Luqu Kenu Project

Through parenting and life skills development, Luqu Kenu assists families in crisis in improving their immediate situations, and assists in safely and quickly reunifying those who have had children placed in the foster care system. The program provides screening, integrated case management, and parenting and life-skills development.

ELIGIBILITY: Alaska Native/American Indian families receiving Tribal TANF in need of additional support in keeping their children safe.

PROVIDER: Cook Inlet Tribal Council

Child and Family Services Department
3600 San Jeronimo Drive, Suite 138, Anchorage, AK 99508

TEL: (907) 793-3100

E-MAIL: info@citci.org **WEBSITE:** www.citci.org

Nome Eskimo Community (NEC) Family Services Department

Department provides confidential advocacy and intervention services on behalf of immediate and extended-member families, traditional approaches to case planning, family support and preservation. NEC Family Services Department has two offices located in Nome and Anchorage, and provides high level, professional case management and social services support.

NOME PROVIDER: Nome Eskimo Community

3600 San Jeronimo Dr., Suite 138
Anchorage, AK 99508

TEL: (907) 443-2246 **FAX:** (907) 443-3539

Anchorage Provider:

TEL: (907) 793-3145 **E-MAIL:** lstepetin@gci.net

ICWA Specialist

TEL: (907) 793-3179 **FAX:** (907) 793-3127

E-MAIL: dhunter@gci.net

Nutaqsiivik

Provides intensive case management to certain families,

mothers, infants and young children in home and clinic settings.

ELIGIBILITY: Call for more information.

PROVIDER: Southcentral Foundation

4160 Tudor Centre Drive, Anchorage, AK 99508

TEL: (907) 729-2490 **WEBSITE:** www.scf.cc

Temporary Assistance for Needy Families (TANF)

Provides temporary cash assistance to families with children to help them become self-sufficient through services including career planning, training and educational assistance, child care assistance and information.

ELIGIBILITY: Alaska Native/American Indian families residing in the Municipality of Anchorage with children or grandchildren under the age of 18 residing in the same home who meet income eligibility requirements.

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org **WEBSITE:** www.citci.org

HEALTHCARE

Anchorage Native Primary Care Center

Offers a variety of outpatient services to customers/owners: complementary medicine, family medicine, behavioral health, pediatrics, pharmacy, radiology, traditional healing, women's health, health educators, nutritionists, social services and a health information center.

PROVIDER: Southcentral Foundation

4320 Diplomacy Drive, Anchorage, AK 99508

TEL: (907) 729-4955 **TOLL FREE: (800) 478-3343**

WEBSITE: www.scf.cc

The Alaska Native Medical Center (ANMC)

Hospital Services: Specialty Care at the Alaska Native Medical Center includes a 150-bed hospital, leading edge trauma care, specialty cancer care, neurosurgery, neonatal intensive care and inpatient children's care. Services offered: ear nose and throat; emergency and trauma; internal medicine; maternal fetal medicine; oncology; orthopedic; pediatric ICU; pregnancy and childbirth; respiratory care; surgery; urology; neurosurgery and ophthalmology.

PROVIDER: Alaska Native Medical Center

4315 Diplomacy Drive, Anchorage, AK 99508

TEL: (907) 563-6661 **TOLL FREE: (800) 478-6661**

WEBSITE: www.anmc.org

HOUSING ASSISTANCE/HOME OWNERSHIP

Home Buyer Assistance

Cook Inlet Lending Center (CILC) offers a variety of programs designed to help qualified individuals become homeowners. CILC offers low-interest loans and assists clients with

closing costs and down-payment requirements.

ELIGIBILITY: Families earning up to 100 percent of median income adjusted for family size.

PROVIDER: Cook Inlet Housing Authority

3510 Spenard Road, Suite 102, Anchorage, AK 99503

TEL: (907) 793-3058 **FAX: (907) 793-3079**

WEBSITE: www.cookinlethousing.org

Property Management

Cook Inlet Real Estate Services (CIRES) offers a full range of real estate services including residential and commercial property management; residential sales and buyer services; and commercial sales and leasing.

PROVIDER: Cook Inlet Real Estate Service

3510 Spenard Road, Suite 102, Anchorage, AK 99503

TEL: (907) 793-3058 **FAX: (907) 793-3079**

WEBSITE: www.cookinlethousing.org

Rental Properties

Cook Inlet Housing Authority (CIHA) provides rental housing for income-eligible elders and families in Anchorage and the Kenai area. Visit the CIHA Web site to view available housing units.

ELIGIBILITY: Program is income dependent. Properties for the elderly are age dependent.

PROVIDER: Cook Inlet Housing Authority

3510 Spenard Road, Suite 102, Anchorage, AK 99503

TEL: (907) 793-3000 **FAX: (907) 793-3079**

WEBSITE: www.cookinlethousing.org

Weatherization Assistance

CIHA Weatherization Program provides free weatherization services to qualified individuals.

ELIGIBILITY: Annual income may not exceed 100% of area median income, adjusted for family size, as determined by the Department of Housing and Urban Development (HUD). See Web site for more information.

PROVIDER: Cook Inlet Housing Authority

3510 Spenard Road, Suite 102, Anchorage, AK 99503

TEL: (907) 793-3737 or (907) 793-3043

FAX: (907) 793-3079

WEBSITE: www.cookinlethousing.org

JOB TRAINING/EDUCATION (ADULT AND YOUTH)

Alaska's People Career Development Center

A walk-in resource center open to all Alaska Native/American Indian individuals and their families who are seeking employment or training opportunities.

Eligibility: Alaska Native/American Indians residing in Anchorage area.

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org

WEBSITE: www.citci.org

Employment Supportive Services

Participants gain volunteer and work experience to increase marketable job skills, and build resumes and cover letters to obtain full-time, unsubsidized employment after the training period. Includes supported work experience, volunteer work experience and on-the-job training. Call for eligibility details.

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org **WEBSITE: www.citci.org**

GED Diploma

Participants study and test for a high school equivalency diploma.

ELIGIBILITY: Alaska Native/American Indian individuals living in Anchorage. Call for more eligibility details.

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org **WEBSITE: www.citci.org**

Healthcare Training

Provides training and education opportunities to become a Certified Nursing Assistant (CNA), Licensed Practical Nurse (LPN) or Registered Nurse (RN). Healthcare Training also provides opportunities in Medical Billing and Coding. Call for eligibility details.

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org **WEBSITE: www.citci.org**

NYO Games Alaska

Youth, grades 1-12, throughout Alaska, participate in unique cultural sporting events. The games are relevant and meaningful for Alaskan youth of all traditions, and they promote healthy lifestyles, positive self-esteem, leadership development and friendly sportsmanship. These physically challenging games are rooted in traditional Alaska Native practices.

ELIGIBILITY: Any Alaskan student enrolled in grades 1-12.

PROVIDER: Cook Inlet Tribal Council, Inc.

Youth Education & Employment Services
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3265

E-MAIL: info@citci.org **WEBSITE: www.citci.org**

Parent Partners and Children in Community (P2C2)

An early education intervention program using iPads with educational-based apps as a way to improve literacy scores for students, while encouraging family involvement in child-

hood development and academics.

ELIGIBILITY: Families with proof of Indian Blood are welcome to attend.

PROVIDER: Cook Inlet Tribal Council, Inc.

Youth Education & Employment Services
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org **WEBSITE: www.citci.org**

Partner for Success

A unique partnership with the Anchorage School District, Partners for Success provides educational services to Alaska Native and American Indian students through culturally responsive core academic classes and social support services within ASD schools.

ELIGIBILITY: Alaska Native and American Indian students attending classes at specific ASD schools. Provider:

PROVIDER: Cook Inlet Tribal Council, Inc.

Youth Education & Employment Services
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3265

E-MAIL: info@citci.org **WEBSITE: www.citci.org**

Responsible Adolescents in Successful Employment (RAISE) Program

Provides opportunities for on-the-job work experience in the context of Native cultural values. Designed to develop leadership skills in youth ages 14-19. Offers three separate sessions per year: summer, winter and graduate programs. Each program exposes youth to health-related careers and workplace expectations, while supporting personal and professional development.

ELIGIBILITY: Alaska Native/American Indian youth ages 14-19.

PROVIDER: Southcentral Foundation

4320 Diplomacy Drive, Anchorage, AK 99508

TEL: (907) 729-4955

TOLL FREE: (800) 478-3343

WEBSITE: www.scf.cc

The CIRI Foundation Post-Secondary Education

General Scholarships: For full-time and part-time, degree-seeking students. Award amounts vary according to enrollment (full-time/part-time) and deadline. Application deadlines: June 1 (for academic year); December 1 (for spring term only).

Vocational Training Grants: For students in vocational training or certificate programs. Up to \$4,500 per calendar year. Application deadlines: March 31, June 30, September 30 and December 1. Scholarships and Vocational Training Grants open to original CIRI enrollees and direct lineal descendants (either natural born or legally adopted) of original CIRI enrollees.

Education and Heritage Project Grants: For non-profit organizations, tribal organizations, and individuals sponsored by a non-profit organization and are Alaska Native original enrollees or their lineal descendants. Available to support projects that affect and/or involve Alaska Native beneficiaries of CIRI

and further the education and the heritage goals of The CIRI Foundation. Application deadlines: March 1, June 1, September 1 and November 1.

Journey to What Matters: Increased Alaska Native Art & Culture Grants

Promotes the unique artistic and cultural traditions of Alaska Native peoples. Grant funding supports projects that affect and/or involve Alaska Native communities. Applicants are encouraged to contact TCF prior to submitting an application. Contact Nadia Sethi, Program Officer at (907) 793-3583 for more information.

General and Cultural Heritage Fellowships: For non-credit workshops or seminars to improve employment skills, and for the study of visual, literary, and performing arts of Alaska Natives. Application deadlines: March 31, June 30, September 30 and December 1.

ELIGIBILITY: Alaska Natives who are original enrollees of Cook Inlet Region and their descendants.

PROVIDER: The CIRI Foundation

3600 San Jeronimo Drive, Suite 256, Anchorage, AK 99508

TEL: (907) 793-3575 **TOLL FREE: (800) 764-3382**

FAX: (907) 793-3585 **E-MAIL: tcf@thecirifoundation.org**

WEBSITE: www.thecirifoundation.org

Tribal Training Grant

Provides short- and long-term certification or vocational training to Alaska Native students residing within the Cook Inlet region for job enhancement to gain or enhance employment. As a needs-based grant, funds are awarded on a first-come, first-completed basis. The program is not intended to cover the full cost of training.

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org **WEBSITE: citci.org**

Tribal Scholarships

CITC provides an array of scholarships encompassing a variety of career interests to qualifying degree-seeking students.

ELIGIBILITY: Tribal Higher Education Scholarship: Alaska Native Cook Inlet Region, Inc. (CIRI) shareholders and descendants pursuing a post-secondary degree. Must submit a Certificate of Degree of Indian Blood (CDIB/CIB). Call for scholarship deadlines.

Alyeska Match Scholarship: provides a matching scholarship to Alaska Natives seeking training or higher education that will enable them to work on the Trans-Alaska Pipeline System (TAPS).

Mellen Shea Memorial Scholarship: provides financial assistance to Alaska Native/American Indian students aspiring to become teachers who are pursuing a post-secondary degree in education.

AM/THE Scholarship: matches the Tribal Higher Education (THE) scholarship award amount. The match scholarship

serves eligible Cook Inlet Region, Inc. (CIRI) shareholders, original enrollees and descendants who are taking 12 credits or more in an undergraduate degree program, such as Communication Information Technology (IT)/Supervisory Control and Data Acquisition (SCADA), Engineering, Health Safety and Environmental (HSE), Business/Accounting, Audit, Inspection, Security, Planner/Scheduler/Project Controls, Project Management and Process Technology.

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3265

E-MAIL: info@citci.org **WEBSITE: citci.org**

Tribal Vocational Rehabilitation

Assists Alaska Natives and American Indians with disabilities residing in the Cook Inlet region to gain or maintain employment. Services are offered in Anchorage and the villages within Cook Inlet region.

PROVIDER: Cook Inlet Tribal Council, Inc.

Employment and Training Services Department
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org **WEBSITE: citci.org**

Youth Services

Techno/Culture Camp: offered throughout the year when school is not in session and during Christmas and spring breaks. Camps are held at CITC and villages in the Cook Inlet Region. Activities include: video game development; Fab Lab team projects; outdoor recreational activities; and NYO, drumming and dance activities.

ELIGIBILITY: Alaska Native Youth between the ages of 12-18

TEL: (907) 793-3478 or 3262

E-MAIL: info@citci.org **WEBSITE: citci.org**

The Schoolyard: an afterschool technology based skill building education program for in school and out of school youth between 12-19 years of age. The curriculum will incorporate video game development and direct academic supports with the purpose of middle school engagement, increasing HS graduation/GED attainment rates, and teach employment entrepreneurial skills. Skills learned pertain to Science, Technology, Engineering & Math (STEM) careers.

TEL: (907) 793-3270

E-MAIL: info@citci.org **WEBSITE: citci.org**

Rural Youth Services (RYS): Offers services similar to AYS for the following Cook Inlet villages: Tyonek, Ninilchik, Knik, Chickaloon, Eklutna, Seldovia and Salamatof. RYS coordinates summer employment opportunities with each of the participating tribes.

ELIGIBILITY: Call for eligibility details.

PROVIDER: Cook Inlet Tribal Council, Inc.

Youth Education & Employment Services
3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3300

E-MAIL: info@citci.org

WEBSITE: citci.org

SUBSTANCE ABUSE/BEHAVIORAL HEALTH SERVICES

Access to Recovery (ATR)

Through a partnership with the Southcentral Foundation, ATR provides financial assistance through a voucher program to purchase substance abuse clinical treatment and recovery support services.

ELIGIBILITY: Low income or under-insured Alaska Native and American Indian individuals and their families residing within the Anchorage service area (Anchorage, Mat-Su Valley, CIRI Villages).

PROVIDER: Cook Inlet Tribal Council, Inc.

Recovery Services

3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3200

E-MAIL: info@citci.org

WEBSITE: citci.org

Advocacy, Prevention and Intervention Services to Adults and Juveniles

Provides services to all ethnicities, integrating Alaskan Native culturally based advocacy programs and intervention initiatives necessary to assist in the resolution of legal circumstances such as divorce, child custody, domestic violence/sexual assault, minor in consuming violations and adult prisoner reentry.

ELIGIBILITY: Alaska Native/American Indians who meet program criteria.

PROVIDER: Alaska Native Justice Center

3600 San Jeronimo Drive, Suite 264, Anchorage, AK 99508

TEL: (907) 793-3550

FAX: (907) 793-3570

WEBSITE: www.anjc.net

Alaska Women's Recovery Project (AWRP)

Provides community-based, peer-driven and peer-led recovery support for women whose lives have been disrupted by alcoholism, drug addiction and co-occurring mental health disorders.

ELIGIBILITY: Women residing within the Anchorage community.

PROVIDER: Gathering Place for Women Recovery Community Center

505 W. Northern Lights Blvd., Suite 102

Anchorage, AK 99503

TEL: (907) 729-5091

FAX: (907) 729-4292

WEBSITE: www.scf.cc

Chanlyut

Structured as a family, the two-year program helps men make positive change through hard work, peer-to-peer support, and education and job training. Chanlyut is built upon the belief that, with time and hard work, people can change. Residents develop their interpersonal and work skills through a variety of social enterprise ventures that help cover program

costs and provide additional work training and job experience for program participants.

ELIGIBILITY: Program is open to all men who are ready to work hard to take accountability for their lives, and is particularly sensitive to and culturally relevant for Alaska Native men.

PROVIDER: Cook Inlet Tribal Council, Inc.

Recovery Services

3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 441-0181

E-MAIL: info@citci.org

WEBSITE: citci.org

Clare Swan Outpatient Services

Offers Brief Outpatient (BOP), Outpatient (OP) and Intensive Outpatient (IOP) services to individuals struggling with substance abuse. Services include counseling, group therapy and case management.

ELIGIBILITY: Alaska Native/American Indian individuals.

Provider:

PROVIDER: Cook Inlet Tribal Council, Inc.

Recovery Services

3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3200

E-MAIL: info@citci.org

WEBSITE: citci.org

Connections: Screening, Assessment and Referral

Considered a first-step program, Screening, Brief Intervention, Referral and Treatment (SBIRT) services assist individuals through assessment and pretreatment services to help determine what assistance is needed for achieving long-term sobriety.

ELIGIBILITY: Alaska Native and American Indian individuals.

PROVIDER: Cook Inlet Tribal Council, Inc.

Recovery Services

3600 San Jeronimo Drive, Anchorage, AK 99508

TEL: (907) 793-3200

E-MAIL: info@citci.org

WEBSITE: citci.org

Dena A Coy

Residential Treatment Program serves pregnant, parenting and non-parenting women who are experiencing problems related to alcohol and other drugs and experiencing emotional and psychological issues. Services include individual addiction and mental health counseling, case management, and group counseling. Group counseling addresses a range of topics including parenting, domestic violence, anger, relationships, symptom management, anxiety and depression, relapse prevention, community recovery skills, life skills and health and wellness. The duration of the program is related to the level of care and is clinically driven. Children under the age of three may be considered for admission with their mother.

ELIGIBILITY: Women, pregnant or not, who are experiencing problems with alcohol and other drug use, women who are dually diagnosed. Children under the age of three may be considered for admission with their mothers.

PROVIDER: Southcentral Foundation

4320 Diplomacy Drive, Anchorage, AK 99508
TEL: (907) 729-4955 TOLL FREE: (800) 478-3343
WEBSITE: www.scf.cc

Denaa Yeets

Provides case management, information and referral to Alaska Native and American Indian people over the age of 18 who are at risk of suicide. The program also provides supportive services to affected family members.

PROVIDER: Southcentral Foundation
4320 Diplomacy Drive, Anchorage, AK 99508
TEL: (907) 729-5260 TOLL FREE: (800) 478-3343
WEBSITE: www.scf.cc

Ernie Turner Center (ETC) Detoxification Services

Through a partnership with the State Department of Health and Social Services, the Ernie Turner Center (ETC) currently offers medical and social detoxification services through a residential treatment program in a 12-bed detoxification unit. Participants receive support from other CITC programs and services, including volunteer and work therapy opportunities

ELIGIBILITY: Open to all Alaska residents within the Anchorage Service Unit. Participants must be cleared through an emergency room at any hospital to be referred to ETC Detoxification, and they must call ETC to be placed on the wait list prior to going to the ER.

PROVIDER: Cook Inlet Tribal Council, Inc.
Ernie Turner Center
4330 Elmore Street, Anchorage, AK 99508
TEL: (907) 550-2400 TOLL FREE: (800) 478-4786
E-MAIL: info@citci.org WEBSITE: www.citci.org

Ernie Turner (ETC) Residential Inpatient

A six-month program utilizing a therapeutic "Village of Care" model, the Residential Inpatient program is a 12-bed residential unit at the Ernie Turner Center.

ELIGIBILITY: Individuals with mental health disorders and/or addictions who have been recommended for inpatient treatment, as well as those who are experiencing chronic homelessness; the average length of treatment is about six months.

PROVIDER: Cook Inlet Tribal Council, Inc.
Ernie Turner Center
4330 Elmore Street, Anchorage, AK 99508
TEL: (907) 550-2400 FAX: (907) 478-4786
E-MAIL: info@citci.org WEBSITE: www.citci.org

Four Directions Outpatient Treatment Center

Provides substance abuse and dual diagnosis assessments; substance abuse and mental health counseling, group counseling for men, and women and children. Program addresses a range of topics including: parenting; domestic violence; anger; relationships; symptom management; anxiety and depression; relapse prevention; community recovery skills; life skills and health and wellness. The duration of the program is related to the level of care and is clinically driven.

PROVIDER: Southcentral Foundation
4320 Diplomacy Drive, Anchorage, AK 99508
TEL: (907) 729-4955 TOLL FREE: (800) 478-3343
WEBSITE: www.scf.cc

Quyana Clubhouse

For those 21 and older who are diagnosed with chronic mental illness, Quyana Clubhouse is a behavioral health day program for individuals experiencing severe, persistent mental illness.

Quyana Clubhouse incorporates clinical practices with traditional Native ceremony and structure. The program offers a nurturing environment focusing on peers, family and the community. Quyana Clubhouse services include psychosocial rehabilitation, medication management, case management, pre-employment skills, and group and individual therapy.

PROVIDER: Southcentral Foundation
4320 Diplomacy Drive, Anchorage, AK 99508
TEL: (907) 729-6500 TOLL FREE: (800) 478-3343
WEBSITE: www.scf.cc

The Pathway Home

A licensed, residential, 30-bed, statewide, long-term, dual-diagnosis substance abuse and mental health treatment program for at-risk Alaska Native/American Indian male youth. Provides integrated and culturally appropriate treatment, family support services, education/vocational training and skill building for independent living.

ELIGIBILITY: Services are provided to Alaska Native and American Indian males who meet the criteria for severe emotional disturbance.

PROVIDER: The Pathway House
4000 San Ernesto Ave., Anchorage, AK 99508
TEL: (907) 478-3343 FAX: (907) 729-5027
WEBSITE: www.scf.cc

Willa's Way Safe Home Program

A comprehensive safe home program for victims of domestic violence, Willa's Way Safe Home Program (WWSHP) serves Alaska Native and American Indian women and their children who are homeless due to domestic violence. Children under the age of 18, including boys, are considered for admission with their mother.

ELIGIBILITY: Alaska Native and American Indian women and their children who are homeless due to domestic violence.

PROVIDER: Southcentral Foundation
TEL: (907) 729-6300 FAX: (907) 729-6314
WEBSITE: www.scf.cc

MAT-SU VALLEY SERVICES

FAMILY RESOURCES

Child Care Program

Child care assistance for parents who meet income guide-

lines and who work or attend school.

ELIGIBILITY: Must be at least one-fourth Alaska Native/American Indian enrolled in a federally recognized Tribe residing in the Mat-Su Borough. **FEES:** Sliding-fee scale.

PROVIDER: Knik Tribal Council

951 E. Bogard Rd., Suite 101, Wasilla, AK 99654

TEL: (907) 373-7938 **E-MAIL:** gnicili@kniktribe.org

WEBSITE: www.kniktribe.org

Elders Lunch Program

Once-per-week meal and sing-a-long time for Elders to come together to share a nutritious meal and good conversation.

ELIGIBILITY: Free to Elders 60 years and older living in Chickaloon Village Traditional Council service area. Everyone else must pay a donation.

PROVIDER: Chickaloon Village Traditional Council

Health and Social Services Department

P.O. Box 1105, Chickaloon, AK 99674

TEL: (907) 745-0704 **FAX:** (907) 745-0708

WEBSITE: www.chickaloon.org

Elder Outreach Program

Offers services to homebound Elders in the Chickaloon service area. Elders determine what areas they would like help with. Assistance includes helping to pay bills, cleaning, cooking, sitting and playing games.

ELIGIBILITY: Chickaloon Native Village Tribal Elders. Dependent on availability of space.

PROVIDER: Chickaloon Village Traditional Council

Health and Social Services Department

P.O. Box 1105, Chickaloon, AK 99674

TEL: (907) 745-0704 **FAX:** (907) 745-0708

WEBSITE: www.chickaloon.org

Indian Child Welfare Advocacy (ICWA)

Ensures the welfare of tribal children and their families through case management, advocacy and placement. Tribe provides advocacy services and facilitates child visitations and other related services through a Special Services Coordinator.

ELIGIBILITY: Chickaloon Native Village Tribal Citizens.

PROVIDER: Chickaloon Village Traditional Council

ICWA Program, P.O. Box 1105, Chickaloon, AK 99674

TEL: (907) 745-079 **E-MAIL:** penny@chickaloon.org

WEBSITE: chickaloon.org

Knik Tribal Council, Indian Child Welfare Advocacy (ICWA)

Tribe provides advocacy services and facilitates child visitations and other related services through a Special Services Coordinator.

ELIGIBILITY: Members of the Knik Tribe.

PROVIDER: Knik Tribal Council

951 E. Bogard Rd., Suite 101, Wasilla, AK 99654

TEL: (907) 373-7938 **E-MAIL:** gnicili@kniktribe.org

WEBSITE: www.kniktribe.org

TRANSPORTATION

Chickaloon Village Traditional Council

Van transportation service for medical, behavioral health and social service appointments.

ELIGIBILITY: Alaska Native/American Indians living in CVTC service area.

PROVIDER: Chickaloon Village Traditional Council

Health and Social Services Department

P.O. Box 1105, Chickaloon, AK 99674

TEL: (907) 745-0704 **FAX:** (907) 745-0708

WEBSITE: www.chickaloon.org

Knik Tribal Council

Van transportation service for medical appointments between Wasilla and the Alaska Native Medical Center in Anchorage.

ELIGIBILITY: Members of the Knik Tribe with appointments. Must give a 48-hour notice.

PROVIDER: Knik Tribal Council

951 E. Bogard Rd., Suite 101, Wasilla, AK 99654

TEL: (907) 373-7991 **FAX: (907) 373-2161**

WEBSITE: www.kniktribe.org

HEALTHCARE

Health Care Services

Valley Native Primary Care Center provides outpatient primary care medical services to residents of the Mat-Su Valley at the Valley Native Primary Care Center. Services include office visits, pharmacy, laboratory, radiology, dental care and immunizations.

ELIGIBILITY: Services are provided to Alaska Native/American Indian customers/owners who are registered at the Alaska Native Medical Center.

PROVIDER: Southcentral Foundation

Valley Native Primary Care Center

1001 Knik-Goose Bay Road

Wasilla, AK 99654

TEL: (907) 631-7800

WEBSITE: www.scf.cc/services/valleyNPCC.ak

HOUSING ASSISTANCE/HOME OWNERSHIP

Home Improvements, Repair and Safety

Modernization and rehabilitation program that addresses health and safety issues in the home.

ELIGIBILITY: Members of the Knik Tribe or other federally recognized tribes residing in the Mat-Su Borough.

PROVIDER: Knik Tribal Council

951 E. Bogard Rd., Suite 101, Wasilla, AK 99654

TEL: (907) 373-7991 **FAX: (907) 373-2161**

WEBSITE: www.kniktribe.org

Home Buyer Assistance

Cook Inlet Lending Center (CILC) has a variety of affordable three- and four-bedroom homes for sale in the Mat-Su Valley. Call Charlene Moss Realty, Inc. at (907) 357-1414 for available housing.

ELIGIBILITY: Designed for individuals without regard to race, color, national origin, sex, religion, familial status or disability and whose annual household income does not exceed 80% of the area median income.

PROVIDER: Cook Inlet Housing Authority

3510 Spenard Road, Suite 102, Anchorage, AK 99503

TEL: (907) 793-3058 **FAX:** (907) 793-3079

WEBSITE: www.cookinlethousing.org

Rental Housing

Chickaloon Village Traditional Council owns and operates rental housing for Alaska Natives/American Indians.

ELIGIBILITY: Certificate of Degree of Indian Blood (CDIB) required.

PROVIDER: Chickaloon Village Traditional Council

Housing Department

P.O. Box 1105, Chickaloon, AK 99674

TEL: (907) 745-0749 **FAX:** (907) 745-0709

WEBSITE: www.chickaloon.org

JOB TRAINING/EDUCATION (ADULT AND YOUTH)

Higher Education

Scholarships available for continuing education for Chickaloon tribal members.

ELIGIBILITY: Chickaloon Native Village tribal member.

PROVIDER: Chickaloon Village Traditional Council

Health and Social Services Department

P.O. Box 1105, Chickaloon, AK 99674

TEL: (907) 745-0793 **FAX:** (907) 745-0754

WEBSITE: www.chickaloon.org

Pre-K-12 Tribal School

The Ya Ne Dah Ah School is a tribally-owned school that blends Western education with traditional Ahtna Athabaskan language, cultural studies and traditional practices.

ELIGIBILITY: Everyone pre-K - 12th grade is welcome, depending on space.

PROVIDER: Chickaloon Village Traditional Council

Health and Social Services Department

P.O. Box 1105, Chickaloon, AK 99674

TEL: (907) 745-0793 **FAX:** (907) 745-7154

WEBSITE: www.chickaloon.org

Scholarships, adult vocational training (AVT) and job placement and training (JP&T)

ELIGIBILITY: Must be one-fourth Alaska Native/American Indian and live in the Mat-Su Valley for one year. Must be enrolled in a federally recognized tribe and have unmet needs.

PROVIDER: Knik Tribal Council

951 E. Bogard Rd., Suite 101, Wasilla, AK 99654

TEL: (907) 373-7974 **E-MAIL:** ktoothaker@kniktribe.org

WEBSITE: www.kniktribe.org

Subsistence educational activities (educational fishing permits).

ELIGIBILITY: Members of the Knik Tribe and the community.

PROVIDER: Knik Tribal Council

951 E. Bogard Rd., Suite 101, Wasilla, AK 99654

TEL: (907) 373-7991 **FAX:** (907) 373-2161

WEBSITE: www.kniktribe.org

SUBSTANCE ABUSE/BEHAVIORAL HEALTH SERVICES

Alcoholics Anonymous (AA)

Offered through a partnership with a local AA group, meets Tuesdays at 6 p.m.

ELIGIBILITY: Open to community members.

Provider:

PROVIDER: Chickaloon Village Traditional Council

Health and Social Services Department

P.O. Box 1105, Chickaloon, AK 99674

TEL: (907) 745-0704 **FAX:** (907) 745-0708

WEBSITE: www.chickaloon.org

Behavioral Health Services: Chickaloon Village Traditional Council

Program includes prevention activities, resources, referral and transportation to Behavioral Health appointments.

ELIGIBILITY: Alaska Native/American Indians residing in the Chickaloon Village Traditional Council service area.

PROVIDER: Chickaloon Village Traditional Council

Health and Social Services Department

P.O. Box 1105, Chickaloon, AK 99674

TEL: (907) 745-0704 **FAX:** (907) 745-0708

WEBSITE: www.chickaloon.org

Behavioral Health Services: Knik Tribal Council and Southcentral Foundation

Southcentral Foundation and Knik Tribal Council host a monthly training and lunch for Alaska Native people.

ELIGIBILITY: Alaska Natives residing in the Knik Tribal Council service area.

PROVIDER: Knik Tribal Council

951 E. Bogard Rd., Suite 101, Wasilla, AK 99654

TEL: (907) 373-7938 **E-MAIL:** gnicili@kniktribe.org

WEBSITE: www.kniktribe.org

Elders Behavioral Health

Self-preservation Information provided to Elders by Southcentral Foundation. Group meets every third Wednesday of the month, 4:00 - 6:00 p.m.

ELIGIBILITY: Elderly Alaska Native/American Indians residing in the Mat-Su Borough.

PROVIDER: Knik Tribal Council

951 E. Bogard Rd., Suite 101, Wasilla, AK 99654

TEL: (907) 373-7938 **E-MAIL:** gnicili@kniktribe.org

KENAI PENINSULA SERVICES

FAMILY RESOURCES

Burial Assistance

Offers a payment to cover the costs of a basic funeral for an eligible person when no other payments have been made or no funds are available to assist with the funeral.

ELIGIBILITY: Alaska Native/American Indian members of federally recognized tribes residing within Ninilchik Tribal boundaries.

Ninilchik Traditional Council

P.O. Box 39070, Ninilchik, AK 99639

TEL: (907) 567-3313 **FAX:** (907) 567-3308

E-MAIL: ntc@nirilchiktribe-nsn.gov

WEBSITE: www.nirilchiktribe-nsn.gov

Ch'anik'na House

Provides daytime activities for children up to 12 years of age

ELIGIBILITY: Offered to Tribal and community members for a \$20 monthly fee. Call for available days and hours.

PROVIDER: Seldovia Village Tribe

Lakeside Terrace, Seldovia, AK 99663

TEL: (907) 234-7898 **E-MAIL:** tgallien@svt.org

WEBSITE: www.svt.org

Child Care

Financially assists parents with childcare costs.

ELIGIBILITY: Parents must be working at least 20 hours per week or taking a minimum of six credits or more per semester. Children must be Alaska Native/American Indian with a verifiable Certificate Degree of Indian Blood and 13 years of age or younger. Participants must reside within tribal boundaries. Fees are based on a sliding fee scale.

PROVIDER: Ninilchik Traditional Council

P.O. Box 39070, Ninilchik, AK 99639

TEL: (907) 567-3313 **FAX:** (907) 567-3308

E-MAIL: ntc@nirilchiktribe-nsn.gov

WEBSITE: www.nirilchiktribe-nsn.gov

Elder Outreach Program

Provides transportation, home visits, care-giving support and resource information to Elders.

ELIGIBILITY: Alaska Natives age 55+ living around the Cook Inlet and surrounding area. Tribal boundaries extend from South of the Kasilof River to Homer, and East from the Caribou Hills across the Cook Inlet to Mt. Redoubt.

PROVIDER: Ninilchik Traditional Council

15765 Kinsley Road, Ninilchik, AK 99639

TEL: (907) 567-3370 **FAX:** (907) 567-3310

E-MAIL: tiffany@nirilchiktribe-nsn.gov

WEBSITE: www.nirilchiktribe-nsn.gov

NTC General Assistance

Provides temporary financial assistance for essential needs.

ELIGIBILITY: Alaska Native/American Indian members of federally recognized tribes residing within Ninilchik Tribal boundaries.

Ninilchik Traditional Council

P.O. Box 39070, Ninilchik, AK 99639

TEL: (907) 567-3313 **FAX:** (907) 567-3308

E-MAIL: ntc@nirilchiktribe-nsn.gov

WEBSITE: www.nirilchiktribe-nsn.gov

Indian Child Welfare Act (ICWA)

Assistance with intervention in court cases where ICWA law applies. Advocate for Alaska Native/American Indian Tribal Members.

ELIGIBILITY: Alaska Native/American Indian Tribal Members.

PROVIDER: Ninilchik Traditional Council

P.O. Box 39070, Ninilchik, AK 99639

TEL: (907) 567-3313 **FAX:** (907) 567-3308

E-MAIL: ntc@nirilchiktribe-nsn.gov

WEBSITE: www.nirilchiktribe-nsn.gov

Na'ini Social Services Department

Program and services include: child care assistance, child protection, education services, healthy relationships program, and welfare assistance including general assistance, burial assistance, low-income home energy assistance, and Alaska Heating Assistance Program.

ELIGIBILITY: Contact Social Services Case Manager to schedule an appointment.

PROVIDER: Kenaitze Indian Tribe

150 N. Willow St, Kenai, AK 99611

TEL: (907) 335-7200 **WEBSITE:** www.kenaitze.org

SVT General Assistance

Short-term financial assistance to tribal members to help make ends meet while seeking other income or financial assistance.

ELIGIBILITY: Alaska Native/American Indian tribal members living in the Seldovia area.

PROVIDER: Seldovia Village Tribe

Lakeside Terrace, Seldovia, AK 99663

TEL: (907) 234-7898 **E-MAIL:** tgallien@svt.org

WEBSITE: www.svt.org

Village Tribe Senior Meals Program

Senior Meals Program provides hot and healthy meals, transportation, exercise and homemaker services to Seldovia's Elders. We also offer home-delivered meals to qualifying Elders with disabilities.

ELIGIBILITY: Alaska Native/American Indians 50 and older and a 24-hour notice.

PROVIDER: Seldovia Village Tribe

Lakeside Terrace, Seldovia, AK 99663

TEL: (907) 345-3270 **E-MAIL:** tgallien@svt.org

WEBSITE: www.svt.org

Dena'ina Dental Clinic

Provides primary dental services and offers a wide range of general dentistry needs, including exams, x-rays, cleanings, fillings, emergency treatment and some specialty treatment. Emphasis is placed on prevention and education to reduce the amount of dental decay and dental emergencies.

ELIGIBILITY: Eligible Alaska Natives/American Indians (please contact the clinic for specifics).

PROVIDER: Kenaitze Indian Tribe

Dental Clinic

412 Frontage Rd., Suite 20, Kenai, AK 99611

TEL: (907) 335-735 **WEBSITE:** www.kenaitze.org

Dena'ina Health Clinic

Kenaitze Indian Tribe (KIT) through the Dena'ina Health Clinic (DHC) offers primary health and dental services to eligible Alaska Natives/American Indians. Specialty services not available at the Clinic are referred to Alaska Native Medical Center (ANMC) and, with provider authorization, referred to local providers.

ELIGIBILITY: Eligible Alaska Natives/American Indians (please contact the clinic for specifics).

PROVIDER: Kenaitze Indian Tribe

Dena'ina Health Clinic

416 Frontage Rd., Suite 200, Kenai, AK 99611

TEL: (907) 335-7350 **WEBSITE:** www.kenaitze.org

NTC Health Services

Clinic provides primary health services: eye and dental services; diabetes prevention; behavioral health, telemedicine, elders program, mid-level nursing services, pharmacy services, OB/GYN services and X-ray and lab services.

ELIGIBILITY: Alaska Natives/American Indians and the general public.

PROVIDER: Ninilchik Community Clinic

15765 Kingsley Road, Ninilchik, AK 99639

TEL: (907) 567-3970 **FAX: (907) 567-3902**

E-MAIL: ntc@ninilchik-nsn.gov

WEBSITE: www.ninilchiktribe-nsn.gov

SVT Health and Wellness

Provides quality, respectful and culturally appropriate primary, holistic and preventive care. Services include comprehensive health, medical and dental care. Satellite clinics in Seldovia and Anchor Point.

ELIGIBILITY: Serving Alaska Natives/American Indians and the general public.

PROVIDER: Seldovia Village Tribe Health Center

880 East End Road, Homer, AK 99603

TEL: (907) 226-2228

MEDICAL AND DENTAL FAX: (907) 234-7865

HEALTH CENTER FAX: (907) 229-2343

WEBSITE: ww.svt.org

Kenaitze Salamatof Housing

The Safe Home Program is designed to renovate and repair the homes of Kenaitze and Salamatof Tribal members and Alaskan Native and Native American homes. The program addresses health and safety issues in the homes. Weatherization is a priority and homes are made handicap accessible, when necessary. Rental assistance with a self-sufficiency plan, developed by the participant and the appropriate Kenaitze Indian Tribe staff, temporarily aids families while they move toward their goals. The Snow Plowing/Sanding Program is available for eligible Elders and handicapped individuals.

ELIGIBILITY: Please contact the Housing Program Director for details.

PROVIDER: Kenaitze Indian Tribe

150 N. Willow St., Kenai, AK 99611

TEL: (907) 335-7200 **E-MAIL:** rswan@kenaitze.org

WEBSITE: www.kenaitze.org

Kenaitze Student Housing

The HUD program has allocated funds to assist Kenaitze and Salamatof students with housing expenses while they attend school full-time.

ELIGIBILITY: Kenaitze or Salamatof Tribal member (preference), Alaska Native or American Indian individuals pursuing vocational/higher education. Income limits apply.

PROVIDER: Kenaitze Indian Tribe

150 N. Willow St., Kenai, AK 99611

TEL: (907) 335-7200 **E-MAIL:** rswan@kenaitze.org

WEBSITE: www.kenaitze.org

Workforce Investment Act (WIA) Youth Services Programs (YS)

Provides meaningful work experience and career exploration to youth ages 14-24.

PROVIDER: Kenaitze Indian Tribe

150 N. Willow St., Kenai, AK 99611

TEL: (907) 335-7200 **WEBSITE:** www.kenaitze.org

Ninilchik Indian Housing Programs

Provides housing services to low-income Alaska Natives/American Indians: home ownership, rehabilitation/modernization program, emergency assistance program, weatherization program and snowplowing/snow removal program.

ELIGIBILITY: Must be Alaskan Native/American Indian, living within the Ninilchik Tribal service area and be within the 80% federal median income limits established for the Kenai Peninsula.

PROVIDER: Ninilchik Traditional Council

15910 Sterling Highway, Ninilchik, AK 99639

TEL: (907) 567-3313 **FAX: (907) 567-3308**

E-MAIL: bob@ninilchiktribe-nsn.gov

WEBSITE: www.ninilchiktribe-nsn.gov

Rental Housing

Cook Inlet Housing Authority (CIHA) provides rental housing for income-eligible elders and families in Anchorage and the Kenai area. Visit the CIHA WEBSITE to view available housing units.

ELIGIBILITY: Program is income dependent. Properties for the elderly are age dependent.

PROVIDER: Cook Inlet Housing Authority

3510 Spenard Road, Suite 100, Anchorage, AK 99503

TEL: (907) 793-3000 **FAX: (907) 793-3070**

E-MAIL: info@cookinlethousing.org

WEBSITE: www.cookinlethousing.org

Seldovia Village Tribe Housing Department

Provides housing assistance and advocacy to tribal and community members.

ELIGIBILITY: Alaska Native/American Indian families residing in the Seldovia Tribal jurisdiction.

PROVIDER: Seldovia Village Tribe

206 Main Street, Seldovia, Alaska 99663

TEL: (907) 234-7898 x235 **FAX: (907) 234-7865**

E-MAIL: svt@svt.org **WEBSITE: www.svt.org**

JOB TRAINING/EDUCATION (ADULT AND YOUTH)

Kenaitze Indian Education Services

Offers a variety of programs to help individuals achieve success in the academic and work environments. These programs offer a full range of services designed to strengthen the economic wellbeing of our Tribal members and our community through the creation of jobs, education and training opportunities. Educational services include a higher education program and a job training and Tribal Scholarship Program.

PROVIDER: Kenaitze Indian Tribe

150 N. Willow St., Kenai, AK 99611

TEL: (907) 335-7200 **WEBSITE: www.kenaitze.org**

Kenaitze Kuya Qyut'anen Early Childhood Center

The Kenaitze Indian Tribe's Kuya Qyut'anen Early Childhood Center offers a Head Start Program, which uses locally developed curriculum to integrate the Dena'ina language into their classrooms. The center operates 8:00 a.m. - 12:30 p.m., Tuesday -Friday, 128 days per year.

PROVIDER: Kenaitze Indian Tribe

Kuya Qyut'anen Early Childhood Center

130 N. Willow St., Kenai, AK 99611

TEL: (907) 335-7260 **WEBSITE: www.kenaitze.org**

Kenaitze Indian Tribe Educational Fishery

Administered by the Tribal Council through a special educational permit from the State of Alaska and shared with members of the Salamatof Tribal Council. Students conduct fish camps as part of their educational curriculum. Tribal youth, Elders and guests learn traditional methods of setting the net, identifying salmon species, cleaning and preserving fish for

winter. The Kenaitze Indian Tribe's Educational Fishery is also an important component of its Diabetes Prevention Program, promoting healthy diet and lifestyles for Tribal families.

ELIGIBILITY: Tribal members

PROVIDER: Kenaitze Indian Tribe

150 N. Willow St., Kenai, AK 99611

TEL: (907) 335-7200 **WEBSITE: www.kenaitze.org**

Kenaitze Workforce Investment

Kenaitze Indian Tribe offers funds toward vocational and on-the-job training, as well as assistance with resume writing, job referrals, career assessments, job listing and job search skills. Funds are also available for those who have gained employment and need assistance with work clothes and basic needs until their first paycheck arrives.

PROVIDER: Kenaitze Indian Tribe

150 N. Willow St., Kenai, AK 99611

TEL: (907) 335-7200 **WEBSITE: www.kenaitze.org**

Kenaitze Yaghanen Youth Programs

Yaghanen is the prevention and early intervention program of the Kenaitze Tribe through dance, art, camps, community service, traditional stories, healthy life choices, cultural preservation, subsistence, educational success and more.

ELIGIBILITY: Please contact Kenaitze Tribe for specifics.

PROVIDER: Kenaitze Indian Tribe

Yaghanen Youth Center

35105 K-B Drive, Suite B, Kenai, AK 99611

TEL: (907) 335-7290 **WEBSITE: www.kenaitze.org**

NTC Higher Education/Scholarships/Adult Vocational Training

Financially assists Alaska Native/American Indian students with a Ninilchik Tribal Council scholarship, higher education funding and vocational training.

ELIGIBILITY: Must show financial need and submit all required documents. Deadlines apply. Scholarships are for graduating Ninilchik High School students who are pursuing higher education goals.

PROVIDER: Ninilchik Traditional Council

15910 Sterling Highway, Ninilchik, AK 99639

TEL: (907) 567-3313 **FAX: (907) 567-3308**

E-MAIL: ntc@nirilchiktribe-nsn.gov

WEBSITE: www.nirilchiktribe-nsn.gov

NTC Johnson O'Malley (JOM) Program

JOM defrays the cost of sports activity fees, pre-school fees, summer camp fees, and at times close-up fees for Alaska Native/American Indian youth/students in the Ninilchik area.

Eligibility:

Contact the Ninilchik Traditional Council office for more information, or to sign up for JOM.

PROVIDER: Ninilchik Traditional Council

15910 Sterling Highway, Ninilchik, AK 99639

TEL: (907) 567-3313 **FAX: (907) 567-3308**

E-MAIL: ntc@nirilchiktribe-nsn.gov

WEBSITE: www.ninilchiktribe-nsn.gov

SVT Scholarships

Awards achievement scholarships of \$1,500 to full-time students attending an accredited college or university in a two- or four-year undergraduate degree program. Also offers scholarships for students studying abroad and students enrolled in trade school.

PROVIDER: Seldovia Village Tribe

206 Main Street, Seldovia, Alaska 99663

TEL: (907) 234-7898 FAX: (907) 234-7865

E-MAIL: tgallien@svt.org WEBSITE: www.svt.org

Ts'itsatna Tribal Archives Collection

The center houses over 400 items documenting the rich and vibrant culture, traditions and language of the Kenaitze. These range from books, oral tapes and video tapes to a computer data collection. Members of the Kenaitze Cultural Researchers Committee work with Tribal administration to perpetuate Kenaitze customs, language and tradition.

PROVIDER: Kenaitze Indian Tribe

150 N. Willow St., Kenai, AK 99611

TEL: (907) 335-7200 WEBSITE: www.kenaitze.org

SUBSTANCE ABUSE/BEHAVIORAL HEALTH

Kenaitze Nakenu Family Center

Comprehensive mental health and chemical dependency treatment facility. Licensed professional staff members strive to provide culturally relevant and evidence-based counseling services to local tribal members, Alaska Natives and the overall community.

ELIGIBILITY: Contact Nakenu Family Center for specifics.

PROVIDER: Kenaitze Indian Tribe

150 N. Willow St., Kenai, AK 99611

TEL: (907) 335-7200 E-MAIL: nakenu@kenaitze.org

WEBSITE: www.kenaitze.org

Ninilchik Behavioral Health/ Substance Abuse Treatment and Prevention

Licensed Behavioral Health Clinician, Behavioral Health Aide, and Youth Alcohol Prevention Program Coordinator provide comprehensive services to the Ninilchik community for a variety of issues, including coping with life's problems and mental health and substance abuse concerns, treatment, and prevention. We provide assessments, outpatient counseling for adults, children/adolescents, couples, families and groups, aftercare, education, and assistance in obtaining other needed services.

PROVIDER: Ninilchik Community Clinic

P.O. Box 39368, Ninilchik, AK 99639

TEL: (907) 567-3370 FAX: (907) 567-3310

E-MAIL: ntc@ninilchiktribe-nsn.gov

WEBSITE: www.ninilchiktribe-nsn.gov

SVT Drug and Alcohol Prevention Program

Promotes healthy lifestyles to youth in the community by

offering physical and outdoor activities, social events, and health education and student health fairs. Also provides chemical dependency counseling and behavioral health clinicians to clients of all ages.

ELIGIBILITY: No eligibility required.

PROVIDER: Seldovia Village Tribe

206 Main Street, Seldovia, Alaska 99663

TEL: (907) 234-7898 FAX: (907) 234-7865

E-MAIL: svt@svt.org WEBSITE: www.svt.org

TRIBAL COURT

Kenaitze Tribal Court

To ensure the efficient and fair administration of justice, the Kenaitze Tribal Court continues to resolve conflicts and disputes and enforce Tribal Laws through the application of cultural traditions, customary and traditional values, written law, codes and ordinances.

ELIGIBILITY: Please see Chapter 1, Section 5: Jurisdiction in the Tribal Court Code for specifics.

PROVIDER: Kenaitze Indian Tribe

150 N. Willow St., Kenai, AK 99611

TEL: (907) 335-7200 E-MAIL: rswan@kenaitze.org

WEBSITE: www.kenaitze.org

CHANLYUT

CHANGE IS POSSIBLE

Chanlyut re-entry program provides a new beginning for men through hard work, peer-to-peer support, education and job training:

- More than 180 men assisted
- 77% of Chanlyut graduates are gainfully employed and have not re-offended since leaving the program
- A savings of more than \$4 million to the Department of Corrections

"The men learn how to be honest here. They learn to have integrity, and be productive members of society."

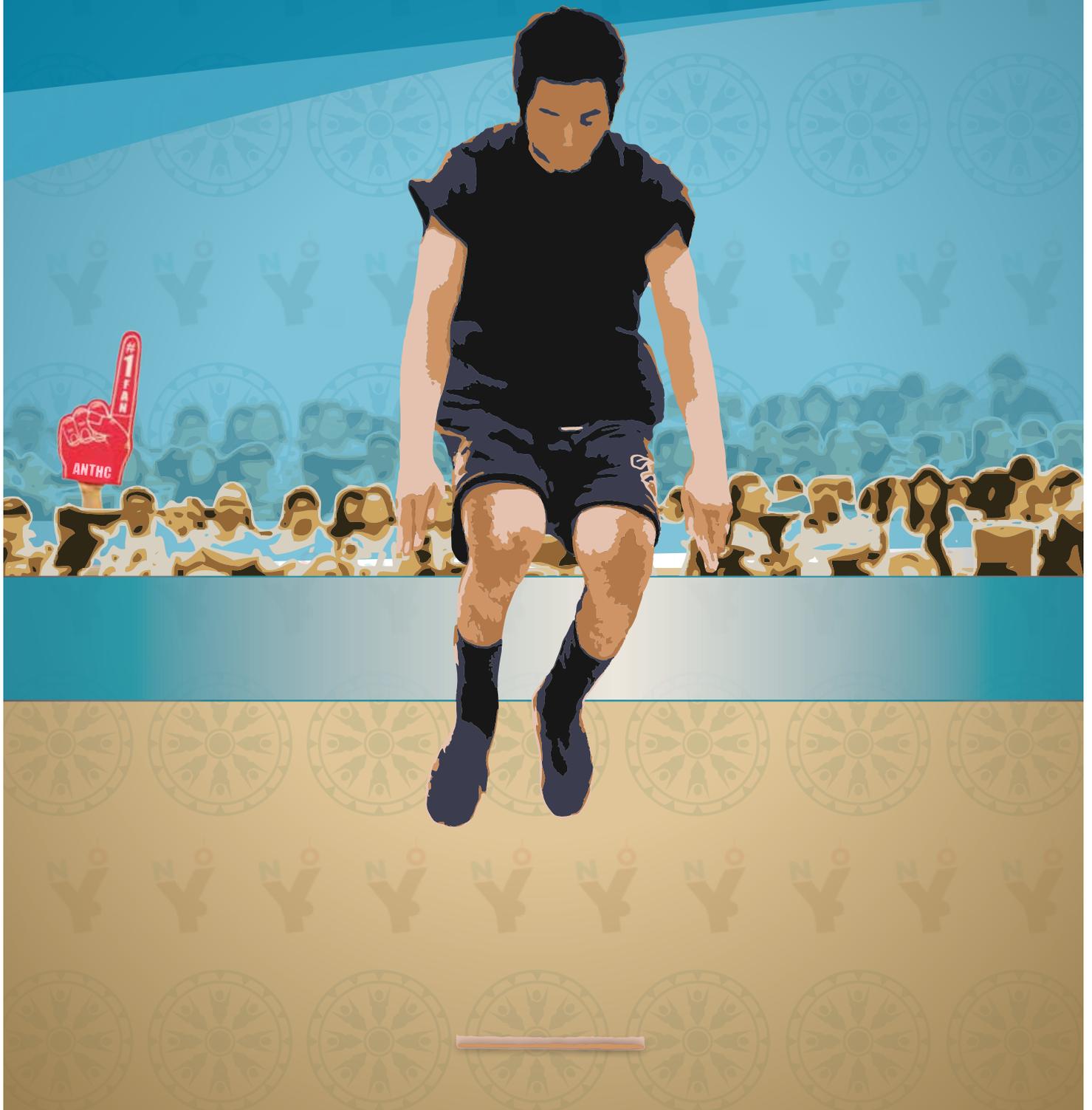
—BILL TSNOS
Chanlyut Program Manager

GIVE THE GIFT OF A SECOND CHANCE. CITCI.org

The Alaska Native Tribal Health Consortium

ANTHC.ORG

Proud sponsor of the 2014 Native Youth Olympics



**ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM**

At the **Alaska Native Tribal Health Consortium**, we know the key to a healthy lifestyle is a balanced mind and body. We are proud to support the NYO athletes, who embody wellness and determination.

