

## 2021 Senior NYO Games Dates

- Coaches Meeting: **March 31 @ 4PM**
- Registration: **March 29**

### Virtual Competition

- Week One: **April 5 – 11 (7 days)**

Alaskan High Kick, Scissor Broad Jump, and Wrist Carry

Awards: **April 16**

- Week Two: **April 12 – 18 (7 days)**

Two-foot High Kick, Kneel Jump, and One-hand Reach

Awards: **April 23**

- Week Three: **April 19 – 25 (7 days)**

One-foot High Kick, Seal Hop and Toe kick

Awards: **April 30**

### Live Competition

- Week One: **Alaskan High Kick**

- Female: **April 14**
- Male: **April 15**
- Awards: **April 16**

- Week Two: **Two-Foot High Kick**

- Female: **April 21**
- Male: **April 22**
- Awards: **April 23**

- Week Three: **One-Foot High Kick**

- Female: **April 28**
- Male: **April 29**
- Awards: **April 30**